

By completing the Health Risk Assessment (HRA), you will learn your wellness score and be able to review a full health report in just a few simple steps.

AultCare Wellness offers two areas of access to complete your HRA.

- 1. AultWell, our online Wellness portal available at aultwell.com
- 2. Health2Go, our mobile app available for download on the Google Play Store and Apple App Store

You can complete your HRA from either platform along with experiencing other features such as trackers and health information.

Gaining access to AultWell and Health2Go is easy!

Send an email to **aultwell@aultcare.com** with your request to gain access to either platform with the following information:

- Name
- Date of birth
- Email address (to receive your access information)





