Open Apple Health App

Browse

🔍 Search

Health Categories

- 🔥 Activity
- 🧍 Body Measurements
- ☀️ Cycle Tracking
- 👂 Hearing
- ❤️ Heart
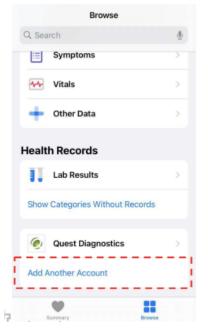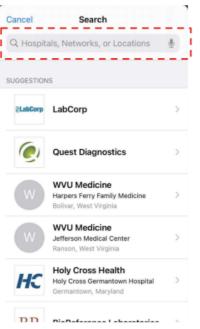- ✳️ Mindfulness
- ↔️ Mobility

DETAILS

- Member opens Apple Health App (installed on iPhones by default)

- Apple Health is automatically associated with the Apple ID the phone is already set up with (i.e., they are already logged into Apple Health)

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Search for & Select Health Plan in App

Browse

🔍 Search

- 📋 Symptoms
- 〰️ Vitals
- ➕ Other Data

Health Records

- 🧪 Lab Results

Show Categories Without Records

- 🌀 Quest Diagnostics

Add Another Account

Summary · Browse

Cancel **Search**

🔍 Hospitals, Networks, or Locations

SUGGESTIONS

- LabCorp
- 🌀 Quest Diagnostics
- W **WVU Medicine** Harpers Ferry Family Medicine, Bolivar, West Virginia
- W **WVU Medicine** Jefferson Medical Center, Ranson, West Virginia
- HC **Holy Cross Health** Holy Cross Germantown Hospital, Germantown, Maryland
- BioReference Laboratories

DETAILS

- At bottom of "Browse" in Apple Health, member is given option to "Add another Account"

- By selecting that, a search window opens to allow the member to search for the account they would like to add

- They can begin typing in their health plan in the Search field

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Search for & Select Health Plan in App

🔍 Health Plan ⊗ Cancel

- Minnie Hamilton **Health** System-Family **Plan**ning
- △ **AULTCARE OR PRIMETIME HEALTH PLAN**

‹ Search

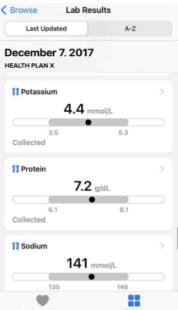△ **AULTCARE OR PRIMETIME HEALTH PLAN**

DETAILS

- Member searches for their health plan in the app

- The app handles how results begin to populate

- Upon selecting their health plan in Apple Health app, they are directed to a details

Member Redirected back to App

DETAILS

- Member redirected back to Apple Health app
- Apple Health app can query for member's health plan data via FHIR APIs and display in the app
- For example, if the health plan provided lab vitals, this could be displayed in the app
- Apple health has an access token that's valid for 2 hours, and a refresh token that's valid for 90 days. To refresh the data, no further member action is required
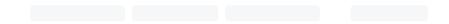
Authentication Solution

There are two flavors of authenticated solutions: 1up Hosted Authentication solution and external authentication solution.

1up Hosted Authentication Solution

1up's authentication application can be deployed to any of our hosted environments. We can customize the solution based on customer's needs and preferences. We use member's identification characteristics such as `first name`, `last name`, `birth date` and `MemberID` to match and verify identity. The 1up platform then associates an email with the member's profile and an authorization code is sent to the email as a final verification step.

First Name

Last Name

Birthdate (YYYY-MM-DD)

Plan Member ID

Zip code

Verify identity

External Authentication Solution

1up has the ability to integrate into existing authentication solutions such as Identity Providers (IdPs) or member portals. A typical use case for external authentication solutions are integration with customer's existing portal. In this approach we will use an API mechanism to send a request and receive a response from the client's identity provider.

List of Approved 3rd Party Applications

List of 3rd Party applications can be found on the 1up App Gallery:**https://1up.health/health-apps/for/health-insurance**

All apps are required to go through our app vetting process that can be found here: https://app.gitbook.com/@1uphealth-1/s/admin/3rd-party-app-vetting