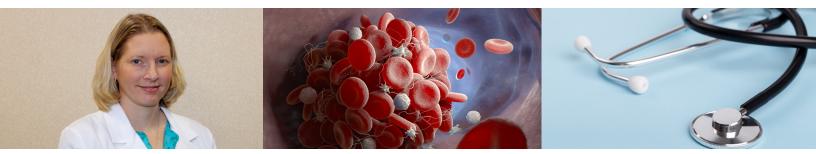
# AULTCARE Stroke Prevention Education



## **About the Education**

If you are an AultCare member and are at risk for experiencing or have had a stroke, AultCare's stroke prevention education is available to you at no additional cost.

An AultCare registered nurse will guide you through the resources you need to lower your risk for experiencing a stroke or recovering from a stroke. The nurse will be able to provide coaching, support, and answer any questions you have regarding your condition. You will also learn how to recognize a stroke, and what to do if you experience symptoms.

If you are experiencing high blood pressure, high cholesterol, or atrial fibrillation, you could be at risk for stroke. Through this education, you will have access to individualized education and coaching to help lower your risk factors.



#### **Professional Support**

In this program, you are assigned a registered nurse who will provide support in monitoring your risk for experiencing a stroke. Your nurse can answer questions you have regarding your condition.



#### **Prevention and Recovery Aid**

The nurse will provide you with guidance on how to prevent a stroke along with support and coaching on how to recover from a stroke.

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#### Educational Materials and Resources

We have educational materials and resources available with the information you need for quality care.



#### Learn More

If you are interested in this program, please contact us and ask to speak with a nurse about our stroke education.

### **Contact Us** 330-363-6360 or 1-800-344-8858 www.aultcare.com

If you, or someone you are helping, have questions about AultCare/Aultra you have the right to get help and information in your language at no cost. To speak with an interpreter, call Local: 330-363-6360 Outside Stark County: 1-800-344-8858 TTY: 711 Outside Stark County: 1-866-633-4752

Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca AultCare/Aultra tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al Local: 330-363-6360 Fuera del condado de Stark: 1-800-344-8858 TTY: 711Fuera del condado de Stark: 1-866-633-4752

如果您·或是您正在協助的對象·有關於AultCare/Aultra保险公司 方面的問題·您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員· 請撥電話 本地:330-363-6360 斯塔克縣外:1-800-344-8858 TTY線本地:330-363-2393 斯塔克縣外:1-866-633-4752

AultCare/Aultra complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.