

Save Money and Stay Healthy With AultCare Wellness

What is Wellness?

AultCare Wellness is a comprehensive program created to provide your employees with improved health through coaching, goal-setting, education, encouragement, and support. These services can help your employees identify, understand, and decrease their health risks.

Over the last five years, an average of **95.2%** of Wellness clients renew year after year.



What is included with Wellness?



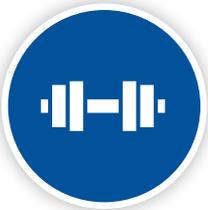
Nurse



Annual Health Fair



6 Month Redraw



Personal Trainer



Dietitian



Smoking Cessation Specialist



Online Portal

What are the cost experiences with Wellness?

Based on research using current full complement Wellness Program clients versus non-full complement Wellness Program clients, AultCare found:*

- **5.54%** reduction in per employee per month (PEPM) spending amongst Wellness clients.
- A **total savings of \$69.97** PEPM over the last 4 years for Wellness clients.



See reverse side for more information.



How does Wellness improve my health?



Members with Wellness are more likely to engage in preventive screenings that detect dangerous and costly health conditions early – when they are most treatable. Compared to members without Wellness, those with Wellness experienced:

- **3.8%** improvement in breast cancer screening compliance
- **8.1%** improvement in cervical cancer screening compliance
- **16.9%** improvement in colorectal cancer screening compliance

The cost of treatment for breast cancer, cervical cancer, and colorectal cancer are high. Not only do screenings detect these illnesses early, but they can save thousands of dollars.

- Cost for breast cancer treatment: Between **\$48,477 - \$182,655** depending on stage (WebMD, 2020)
- Cost for cervical cancer treatment: Up to **\$52,539** depending on phase (American Journal of Obstetrics & Gynecology, 2018)
- Cost for colorectal cancer treatment: **\$24,607 for stages I/II** and up to **\$104,534 for stages III/IV** (Oxford University, 2019)

Interested in learning more?



To get started and learn more about pricing, please contact 330-363-6187 and ask to speak to a Wellness representative.

*These calculations have been risk adjusted. All statistics provided by AultCare data reporting.

If you, or someone you are helping, have questions about AultCare/Aultra you have the right to get help and information in your language at no cost. To speak with an interpreter, call Local: 330-363-6360 Outside Stark County: 1-800-344-8858 TTY Local: 711 Outside Stark County: 711. Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de AultCare/Aultra tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al Local: 330-363-6360 Fuera del condado de Stark: 1-800-344-8858 TTY Local: 711 Fuera del condado de Stark: 711. 如果您，或是您正在協助的對象，有關於 AultCare/Aultra 保險公司 方面的問題，您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員，請撥電話 本地：330-363-6360 斯塔克縣外：1-800-344-8858 TTY線本地：711 斯塔克縣外：711. AultCare/Aultra complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

