# **≧**'AULTCARE Disease Management







AultCare's Disease Management focuses on providing members with education on prevention and ensuring members with chronic health issues have all the tools and services necessary to improve their health.

Disease Management offers an integrated and comprehensive approach to manage conditions, reduce complications, improve quality of life, and decrease costs. These resources are available at no additional cost for all AultCare members.

## Programs and resources available within Disease Management include:

- Telemonitoring Programs
  - Chronic Obstructive Pulmonary Disease (COPD)
  - > Congestive Heart Failure (CHF)
  - > Diabetes
- Educational Resources
  - > Mental Health
  - > Pre-Diabetes
  - > Stroke



### **Telephonic Support**

You will have access to a nurse for preventive care reminders, adherence follow-up, medication follow-up, and information on how to improve overall outcomes.



#### **Assistance with Referrals**

We can provide assistance with referrals to specialists or community agencies.



## **Educational Materials and Resources**

We have educational materials and resources available to provide you with the information you need for quality care.



#### **Maximize Plan Advantages**

Our team can help you maximize your health plan advantages so you can receive high quality, affordable care.

#### **Contact Us**

330-363-6360 or 1-800-344-8858 www.aultcare.com