



FEHB Step Therapy Program

Step Therapy requires you to have tried a Step 1 medication from the same therapeutic class as the brand name drug within the previous 180 days. If your prescription history does not indicate that a Step 1 medication was tried, the brand name medication will not be covered. The Step Therapy Program does not apply to you if you are already taking the brand name medication. Please note that the brand name medication will be covered at the appropriate benefit level once a Step 1 medication has been tried and found to be ineffective.

The chart below lists the medications included in the Step Therapy Program:

Step 2 Medications	Step 1 Medications	Criteria
Allergy-Asthma		
<u>Antihistamine, Inhaled Nasal</u> Olopatadine NS Azelastine/Fluticasone NS	Azelastine nasal spray 137mcg/spra Azelastine 0.15% NS	Must have tried a medication in the 2 nd column within the last 180 days
<u>Anti-Inflammatory, Inhaled Nasal</u> Zetonna	Fluticasone	Must have tried a medication in the 2 nd column within the last 180 days
<u>Anti-Inflammatory Inhaled Oral</u> Pulmicort Flexhaler	Arnuity Ellipta Asmanex Flovent Diskus Flovent HFA	Must have tried a medication in the 2 nd column within the last 180 days
<u>Anti-Inflammatory Combo Product, Inhaled Oral</u> AirDuo Digihaler, Respiclick Budesonide/Formoterol Dulera	Advair Diskus Breo Ellipta Fluticasone/Salmeterol Symbicort Wixela	The use of AirDuo, Dulera, and Budesonide/Formoterol require clinical team approval. Criteria will require failure of two step 1 medications in the last 30 days, unless found medically necessary.
<u>LABA/LAMA Combo Product Inhaled Oral</u> Utibron Inhaler	Anoro Ellipta Stiloto Respimat	Must have tried a medication in the 2 nd column within the last 180 days

Analgescic		
<u>Agents for Migraine</u> Almotriptan, Eletriptan, Frovatriptan, Zolmitrim Nasal Spray, Zomig Nasal Spray	Naratriptan HCL Sumatriptan Rizatriptan Rizatriptan ODT Zolmitriptan	Must have tried 2 medications in the 2 nd column within the last 180 days
<u>Nonsteroidal Anti- Inflammatory Agents</u> Etodolac, Etodolac ER, Fenoprofen, Mefenamic, Naproxen DR/EC, Naproxen Sodium, Oxaprozin, Piroxicam	Diclofenac Sulindac Indomethacin Meloxicam Ibuprofen Naproxen Flurbiprofen Nabumetone	Must have tried a medication in the 2 nd column within the last 180 days
<u>Skeletal Muscle Relaxants Agents</u> Metaxalone	Baclofen Cyclobenzaprine Orphenadrine Methocarbamol Carisprodol Tizanidine tablets	Must have tried a medication in the 2 nd column within the last 180 days
Anti-Infective		
<u>Fluoroquinolones</u> Moxifloxacin	Ciprofloxacin Levofloxacin	Must have tried a medication in the 2 nd column within the last 180 days
Cardiovascular		
<u>Alpha-2 Adrenergic Agonist</u> Clonidine extended release	Clonidine immediate release	Must have tried a medication in the 2 nd column within the last 180 days
<u>Alpha-1 Adrenergic Blocker</u> Silodosin	Alfuzosin ER Doxazosin Dutasteride Finasteride Tamsulosin Terazosin	Must have tried a medication in the 2 nd column within the last 180 days

<u>Angiotensin II Receptor Blockers</u> Edarbi	Candesartan Irbesartan Losartan Valsartan Telmisartan	Must have tried a medication in the 2 nd column within the last 180 days
<u>Beta Blocking Agents</u> Bystolic, Carvedilol ER, Nebivolol tablets	Acebutolol Atenolol Bisoprolol Carvedilol Metoprolol Metoprolol XL Propranolol Sotalol	Must have tried a medication in the 2 nd column within the last 180 days
Central Nervous System		
<u>Anti-Depressants</u> Fetzima, Trintellix, Viibryd	Bupropion Citalopram Duloxetine Fluoxetine Paroxetine Sertraline Trazodone Venlafaxine Venlafaxine XR	Must have tried a medication in the 2 nd column within the last 180 days
Clomipramine, Desipramine, Trimipramine	Amitriptyline Imipramine Nortriptyline	
<u>Antipsychotics</u> Asenapine, Latuda, Rexulti, Saphris	Aripiprazole	Must have tried a medication in the 2 nd column within the last 180 days
Olanzapine-fluoxetine combination pill	Olanzapine AND Fluoxetine	Must have tried both medications concurrently in the 2 nd column within the last 180 days
<u>Smoking Deterrents</u> APO-Varenicline, Chantix, Nicotrol	Bupropion ER Nicotine TD Patches (all strengths)	Must have tried a medication in the 2 nd column within the last 180 days
<u>Sedative/Hypnotics</u> Belsomra, Ramelteon	Doxepin Eszopiclone Temazepam Zaleplon Zolpidem	Must have tried a medication in the 2 nd column within the last 180 days

Zolpidem ER	Zolpidem	Must have tried a medication in the 2 nd column within the last 180 days
Dermatology		
<u>Anesthetics, Topical Patches</u> Lidocaine 5% Patches	Lidocaine 4% OTC patches Lidocaine pad 4%	Must have tried a medication in the 2 nd column within the last 180 days
<u>Antiacne, Combo Topical Agents</u> Neuac	Clindamycin/Benzoyl Peroxide Erythromycin/Benzoyl Clindamycin/Benzoyl Pero Gel 1.2%/5%	Must have tried a medication in the 2 nd column within the last 180 days
<u>Antiacne, Retinoid Combo Topical Agents</u> Adapalene Rx 0.1%, 0.3% Adapalene-benzoyl peroxide, Differin Lotion	Differin (Adapalene) 0.1% gel OTC	Must have tried a medication in the 2 nd column within the last 180 days
<u>Antibiotic, Topical Agents</u> Altabax Ointment	Mupirocin 2% Ointment	Must have tried a medication in the 2 nd column within the last 180 days
<u>Antifungals, Topical Agents</u> Butenafine, Exelderm, Mentax, Naftifine 2% cream, Oxiconazole, Sulconazole	Ciclopirox soln, cream, shampoo Econazole, Ketoconazole cream, shampoo, Nystatin cream, ointment, powder	Must have tried a medication in the 2 nd column within the last 180 days
<u>Immunomodulators, Topical Agents</u> Pimecrolimus 1% Cream	Tacrolimus 0.1% and 0.03% Oint	Must have tried a medication in the 2 nd column within the last 180 days
<u>Rosacea Topical Agents</u> Azelaic Acid gel 15%	Metronidazole 0.75% cream, gel, or lotion	Must have tried a medication in the 2 nd column within the last 180 days

<u>Steroids, Topical Agents – Very High Potency</u> Diflorasone 0.05% ointment, cream	Clobetasol 0.05% cream, Clobetasol 0.05% ointment Halobetasol 0.05% cream Halobetasol 0.05% ointment	Must have tried a medication in the 2 nd column within the last 180 days
<u>Steroids, Topical Agents – High Potency</u> Desoximetasone 0.05% gel	Augmented betameth dip 0.05% cream, Betamethasone val 0.1% oint, Fluocinonide 0.05% gel/cr/oint, Triamcinolone 0.5% cr/oint	Must have tried a medication in the 2 nd column within the last 180 days
<u>Steroids, Topical Agents - Medium Potency</u> Flurandrenolide , Nolix	Betameth dip lotion 0.05%, Betameth val cream 0.1%, Fluticasone 0.05% cream and 0.005% ointment, Mometasone 0.1% cr /oint/lotion, Triamcinolone 0.1% cr/oint/lot, Triamcinolone 0.25% cr/oint/lot	Must have tried a medication in the 2 nd column within the last 180 days
<u>Steroids, Topical Agents – Low Potency</u> Desonide, Halcinonide cream	Hydrocortisone 2.5% cr/oint/lot	Must have tried a medication in the 2 nd column within the last 180 days
Endocrine and Metabolic		
<u>Estrogens, Oral Agents</u> Premarin	Estradiol	Must have tried a medication in the 2 nd column within the last 180 days
<u>Gout Agents</u> Febuxostat	Allopurinol	Must have tried a medication in the 2 nd column within the last 180 days
<u>GLP1 agents for Diabetes</u> Adlyxin	Bydureon Byetta Ozempic Rybelsus Trulicity Victoza	Must have tried 2 medications in the 2 nd column within the last 180 days

Gastrointestinal		
<u>Antispasmodics</u> Glycopyrrolate tablets 1.5mg, Glycate	Glycopyrrolate tablets 1mg Glycopyrrolate tablets 2mg	Must have tried a medication in the 2 nd column within the last 180 days
<u>Bowel Preps</u> Moviprep, Prepopik, Suprep Bowel	Peg-3350 Gavilyte-C	Must have tried a medication in the 2 nd column within the last 180 days
<u>Inflammatory Bowel Disease</u> Dipentum	Sulfasalazine Sulfasalazine DR	Must have tried a medication in the 2 nd column within the last 180 days
Genitourinary		
<u>Urinary Antispasmodics</u> Solifenacin, Toviaz	Flavoxate Darifenacin Oxybutynin Oxybutynin ER Tolterodine Tolterodine ER Trospium Trospium ER	Must have tried a medication in the 2 nd column within the last 180 days
Insulin		
<u>Bolus Insulin</u> Apidra	Humalog	The use of Apidra require clinical team approval. Criteria will require failure in the last 30 days, unless found medically necessary.
Ophthalmic		
<u>Antihistamines</u> Bepreve, Epinastine, Lastacaft, Olopatadine (Rx)	Azelastine Opth Soln. Pataday OTC	Must have tried a medication in the 2 nd column within the last 180 days

<u>Anti-Inflammatory</u> Nevanac	Ketorolac Bromfenac Diclofenac Flurbiprofen	Must have tried a medication in the 2 nd column within the last 180 days
<u>Anti-Inflammatory, Antibiotic</u> Zylet	Tobramycin/Dexamethasone	Must have tried a medication in the 2 nd column within the last 180 days
<u>Antiglaucoma</u> Bimatoprost, Lumigan, Travaprost 0.004%, Ziptan	Latanoprost	Must have tried a medication in the 2 nd column within the last 180 days
Combigan, Simbrinza	Dorzolamide/Timolol	Must have tried a medication in the 2 nd column within the last 180 days
Brinzolamide	Dorzolamide	Must have tried a medication in the 2 nd column within the last 180 days
<u>Emulsion</u> Restasis	Genteal OTC Refresh OTC Systane OTC	Must have tried a medication in the 2 nd column within the last 180 days
<u>Glucocorticoids</u> Alrex, Durezol, Lotemax, Loteprednol	Prednisolone Acetate Prednisolone Sod. Phos	Must have tried a medication in the 2 nd column within the last 180 days
<u>Mast Cell Stabilizer</u> Alocril, Alomide	Ketotifen Ophth soln	Must have tried a medication in the 2 nd column within the last 180 days

*Subject to change.

If you are a new member to AultCare and have tried the Step 1 Medications, documentation from your physician is required. Some plans may have additional medications listed in their Step Therapy Program. Please call the AultCare Service Center at 330-363-6360 or 1-800-344-8858 if you have any questions.