



**FEHB Step Therapy Program**

Step Therapy requires you to have tried a Step 1 medication from the same therapeutic class as the brand name drug within the previous 180 days. If your prescription history does not indicate that a Step 1 medication was tried, the brand name medication will not be covered. The Step Therapy Program does not apply to you if you are already taking the brand name medication. Please note that the brand name medication will be covered at the appropriate benefit level once a Step 1 medication has been tried and found to be ineffective.

The chart below lists the medications included in the Step Therapy Program:

Step 2 Medications	Step 1 Medications	Criteria
<b>Allergy-Asthma</b>		
<b><u>Antihistamine, Inhaled Nasal</u></b> Olopatadine NS Azelastine/Fluticasone NS	Azelastine nasal spray 137mcg/spra Azelastine 0.15% NS	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Anti-Inflammatory, Inhaled Nasal</u></b> Zetonna	Fluticasone Mometasone NS	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Anti-Inflammatory Inhaled Oral</u></b> Pulmicort Flexhaler	Arnuity Ellipta Asmanex Flovent Diskus Flovent HFA	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Anti-Inflammatory Combo Product, Inhaled Oral</u></b> AirDuo Digihaler, Respiclick Budesonide/Formoterol Dulera	Advair Diskus Breo Ellipta Fluticasone/Salmeterol Symbicort Wixela	The use of AirDuo, Dulera, and Budesonide/Formoterol require clinical team approval.  Criteria will require failure of two step 1 medications in the last 30 days, unless found medically necessary.
<b>Analgesic</b>		
<b><u>Agents for Migraine</u></b> Almotriptan, Eletriptan, Frovatriptan	Naratriptan HCL Sumatriptan Rizatriptan Rizatriptan ODT Zolmitriptan	Must have tried 2 medications in the 2 <sup>nd</sup> column within the last 180 days

<b><u>Nonsteroidal Anti-Inflammatory Agents</u></b> Etodolac, Etodolac ER, Fenoprofen, Mefenamic, Naproxen DR/EC, Naproxen Sodium, Oxaprozin, Piroxicam	Diclofenac Sulindac Indomethacin Meloxicam Ibuprofen Naproxen Flurbiprofen Nabumetone	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Skeletal Muscle Relaxants Agents</u></b> Metaxalone	Baclofen Cyclobenzaprine Orphenadrine Methocarbamol Carisprodol Tizanidine tablets	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b>Anti-Infective</b>		
<b><u>Bacterial Agents, oral</u></b> Vancomycin capsules	Firvanq	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
Demeclocycline hcl	Doxycycline Minocycline Tetracycline	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b>Anti-Rheumatics</b>		
<b><u>Methotrexate Injection</u></b> Reditrex	Oral Methotrexate	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b>Cardiovascular</b>		
<b><u>Alpha-2 Adrenergic Agonist</u></b> Clonidine extended release	Clonidine immediate release	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Alpha-1 Adrenergic Blocker</u></b> Silodosin	Alfuzosin ER Doxazosin Dutasteride Finasteride Tamsulosin Terazosin	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days

<b><u>Angiotensin II Receptor Blockers</u></b> Edarbi	Candesartan Irbesartan Losartan Valsartan Telmisartan	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Beta Blocking Agents</u></b> Carvedilol ER, Nebivolol tablets	Acebutolol Atenolol Bisoprolol Carvedilol Metoprolol Metoprolol XL Propranolol Sotalol	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
Vecamyl	Ace-inhibitor Angiotensin II Receptor Blocker Beta-Blocker Calcium Channel Blocker Diuretic	Must have tried a medication in 3 of the 5 drug classes in the 2 <sup>nd</sup> column within the last 180 days
<b>Central Nervous System</b>		
<b><u>Alzheimer Agents</u></b> Memantine ER	Memantine IR tablets	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Anti-Anxiety</u></b> Meprobamate	Buspirone	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Anti-Depressants</u></b> Fetzima, Trintellix, Viibryd	Bupropion Citalopram Duloxetine Fluoxetine Paroxetine Sertraline Trazodone Venlafaxine Venlafaxine XR	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
Clomipramine, Desipramine,	Amitriptyline Imipramine Nortriptyline	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
Doxepin tablets	Amitriptyline	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days

<b><u>Antipsychotics</u></b> Asenapine, Latuda, Rexulti	Aripiprazole	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
Invega Sustenna	Paliperidone ER tablets	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
Olanzapine-fluoxetine combination pill	Olanzapine AND Fluoxetine	Must have tried both medications concurrently in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Smoking Deterrents</u></b> Nicotrol	Bupropion ER Nicotine TD Patches (all strengths) Varenicline	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Sedative/Hypnotics</u></b> Belsomra, Ramelteon	Doxepin Eszopiclone Temazepam Zaleplon Zolpidem	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
Zolpidem ER	Zolpidem	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b>Dermatology</b>		
<b><u>Anesthetics, Topical Patches</u></b> Lidocaine 5% Patches	Lidocaine 4% OTC patches Lidocaine pad 4%	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Antiacne, Retinoid Combo Topical Agents</u></b> Adapalene Rx 0.1%, 0.3% Adapalene-benzoyl peroxide, Differin Lotion	Differin (Adapalene) 0.1% gel OTC	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Antibiotic, Topical Agents</u></b> Altabax Ointment	Mupirocin 2% Ointment	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days

<p><b><u>Antifungals, Topical Agents</u></b> Exelderm, Naftifine 2% cream, Oxiconazole, Sulconazole</p>	<p>Butenafine, Ciclopirox soln, cream, shampoo Econazole, Ketoconazole cream, shampoo, Nystatin cream, ointment, powder</p>	<p>Must have tried a medication in the 2<sup>nd</sup> column within the last 180 days</p>
<p>Ertaczo</p>	<p>Clotrimazole 1% cream Clotrimazole/Betamethasone 1-0.05% Cream Ketoconazole 2% cream Ciclopirox Cream</p>	<p>Must have tried a medication in the 2<sup>nd</sup> column within the last 180 days</p>
<p>Luliconazole</p>	<p>Ciclopirox soln, cream, shampoo Ketaconazole cream, shampoo Nystatin</p>	<p>Must have tried a medication in the 2<sup>nd</sup> column within the last 180 days</p>
<p><b><u>Immunomodulators, Topical Agents</u></b> Pimecrolimus 1% Cream</p>	<p>Tacrolimus 0.1% and 0.03% Oint</p>	<p>Must have tried a medication in the 2<sup>nd</sup> column within the last 180 days</p>
<p><b><u>Rosacea Topical Agents</u></b> Azelaic Acid gel 15%</p>	<p>Metronidazole 0.75% cream, gel, or lotion</p>	<p>Must have tried a medication in the 2<sup>nd</sup> column within the last 180 days</p>
<p><b><u>Steroids, Topical Agents – Very High Potency</u></b> Diflorasone 0.05% ointment,</p>	<p>Clobetasol 0.05% cream, Clobetasol 0.05% ointment Halobetasol 0.05% cream Halobetasol 0.05% ointment</p>	<p>Must have tried a medication in the 2<sup>nd</sup> column within the last 180 days</p>
<p><b><u>Steroids, Topical Agents – High Potency</u></b> Desoximetasone 0.05% gel</p>	<p>Augmented betameth dip 0.05% cream, Betamethasone val 0.1% oint, Fluocinonide 0.05% gel/cr/oint, Triamcinolone 0.5% cr/oint</p>	<p>Must have tried a medication in the 2<sup>nd</sup> column within the last 180 days</p>

<b><u>Steroids, Topical Agents - Medium Potency</u></b> Flurandrenolide	Betameth dip lotion 0.05%, Betameth val cream 0.1%, Fluticasone 0.05% cream and 0.005% ointment, Mometasone 0.1% cr /oint/lotion, Triamcinolone 0.1% cr/oint/lot, Triamcinolone 0.25% cr/oint/lot	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Steroids, Topical Agents – Low Potency</u></b> Desonide, Halcinonide cream	Hydrocortisone 2.5% cr/oint/lot	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b>Endocrine and Metabolic</b>		
<b><u>Estrogens, Oral Agents</u></b> Premarin	Estradiol	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Gout Agents</u></b> Febuxostat	Allopurinol	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b>Gastrointestinal</b>		
<b><u>Antispasmodics</u></b> Glycopyrrolate tablets 1.5mg, Glycate	Glycopyrrolate tablets 1mg Glycopyrrolate tablets 2mg	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Bowel Preps</u></b> Moviprep, NA Sulfate-K Sulfate-MG Sulf	Peg-3350 Gavilyte-C	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Inflammatory Bowel Disease</u></b> Dipentum	Sulfasalazine	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b>Genitourinary</b>		
<b><u>Urinary Antispasmodics</u></b> Solifenacin, Toviaz	Flavoxate Darifenacin Oxybutynin Oxybutynin ER Tolterodine Tolterodine ER Trospium Trospium ER	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days

<b>Insulin</b>		
<b><u>Bolus Insulin</u></b> Apidra	Humalog	The use of Apidra require clinical team approval.  Criteria will require failure in the last 30 days, unless found medically necessary
<b>Ophthalmic</b>		
<b><u>Antihistamines</u></b> Bepreve, Epinastine, Olopatadine (Rx)	Azelastine Opth Soln. Pataday OTC	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Anti-Inflammatory</u></b> Nevanac	Ketorolac Bromfenac Diclofenac Flurbiprofen	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Anti-Inflammatory, Antibiotic</u></b> Zylet	Tobramycin/Dexamethasone	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Antiglaucoma</u></b> Bimatoprost, Lumigan, Travaprost 0.004%, Zioptan	Latanoprost	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
Azopt	Dorzolamide	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
Simbrinza	Dorzolamide/Timolol	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
Brinzolamide	Dorzolamide	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 daus
<b><u>Emulsion</u></b> Cyclosporine	Genteal OTC	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
<b><u>Glucocorticoids</u></b> Loteprednol	Prednisolone Acetate Prednisolone Sod. Phos	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days

<b><u>Mast Cell Stabilizer</u></b> Alocril, Alomide, Azelastine	Ketotifen Ophth soln	Must have tried a medication in the 2 <sup>nd</sup> column within the last 180 days
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\*Subject to change.

If you are a new member to AultCare and have tried the Step 1 Medications, documentation from your physician is required. Some plans may have additional medications listed in their Step Therapy Program. Please call the AultCare Service Center at 330-363-6360 or 1-800-344-8858 if you have any questions.