



Commercial Managed Step Therapy Program

Step Therapy requires you to have tried a First Line medication from the same therapeutic class as the brand name drug within the previous 365 days. If your prescription history does not indicate that a first line medication was tried, the brand name medication will not be covered. The Step Therapy Program does not apply to you if you are already taking the brand name medication. Please note that the brand name medication will be covered at the appropriate benefit level once a first line medication has been tried and found to be ineffective.

The chart below lists the medications included in the Step Therapy Program:

Category	Step 1 Medication	Step 2 Medication	Criteria
Allergy-Asthma			
Antihistamine, Inhaled Nasal	Azelastine nasal spray 137mcg/spray	Azelastine 0.15% NS Olopatadine NS	Must have tried a Step 1 medication within the last 180 days
Antihistamine, Non-Sedating	Loratadine	Desloratadine Desloratadine ODT	Must have tried a Step 1 medication within the last 180 days
	Cetirizine	Levocetirizine tabs, liquid	Must have tried a Step 1 medication within the last 180 days
Anti-Inflammatory, Inhaled Nasal	Fluticasone	Veramyst Zetonna	Must have tried a Step 1 medication within the last 180 days
Anti-Inflammatory, Inhaled Oral	Asmanex Flovent Diskus Flovent HFA QVAR	Pulmicort	Must have tried a Step 1 medication within the last 180 days

Category	Step 1 Medication	Step 2 Medication	Criteria
Analgesic			
Agents for Migraine	Naratriptan HCL Rizatriptan Rizatriptan MLT Sumatriptan Zolmitriptan Zolmitriptan ZMT	Almotriptan Axert Eletriptan Frova Frovatriptan Relpax Zomig	Must have tried 2 Step 1 medications within the last 180 days
Nonsteroidal Anti-Inflammatory Agents	Diclofenac Flurbiprofen Ibuprofen Indomethacin Meloxicam Nabumetone Naproxen Sulindac	Etodolac Etodolac ER Fenoprofen Ketoprofen Meclofenamate Naproxen Sodium Oxaprozin Piroxicam Tolmetin Sodium	Must have tried a Step 1 medication within the last 180 days
Skeletal Muscle Relaxants Agents	Baclofen Carisprodol Cyclobenzaprine Methocarbamol Orphenadrine Tizanidine tablets	Metaxalone	Must have tried a Step 1 medication within the last 180 days
Anti-Infective			
Fluoroquinolones	Ciprofloxacin Levofloxacin	Moxifloxacin	Must have tried a Step 1 medication within the last 180 days
Miscellaneous	First-Vancomycin suspension	Vancomycin capsules	Must have tried a Step 1 medication within the last 180 days

Category	Step 1 Medication	Step 2 Medication	Criteria
Cardiovascular			
Ace Inhibitors	Benazepril Fosinopril Lisinopril Quinapril Ramipril Trandolapril	Captopril Moexipril Perindopril	Must have tried a Step 1 medication within the last 180 days
Angiotensin II Receptor Blockers	Candesartan Irbesartan Losartin Telmisartan Valsartan	Edarbi	Must have tried a Step 1 medication within the last 180 days
Beta Blocking Agents	Acebutolol Atenolol Bisoprolol Carvedilol Metoprolol Metoprolol XL	Betaxolol Bystolic Carvedilol ER Coreg CR Nadolol Pindolol Timolol	Must have tried a Step 1 medication within the last 180 days
Calcium Channel Blocker	Amlodipine Diltiazem ER caps only Felodipine Nifedipine ER Nifedipine XL	Nisoldipine ER tabs	Must have tried a Step 1 medication within the last 180 days
Coronary Vasodilators	Isosorbide Mononitrate (generic)	Isosorbide Dinitrate (all strengths)	Must have tried a Step 1 medication within the last 180 days
Omega-3 Fatty Acids	Omega-3	Vascepa	Must have tried a Step 1 medication within the last 180 days
Pulmonary Arterial Hypertension	Sildenafil (generic only)	Adcirca	Must have tried a Step 1 medication within the last 180 days

Category	Step 1 Medication	Step 2 Medication	Criteria
Central Nervous System			
Alzheimer Agents	Memantine IR tablets	Namenda XR	Must have tried a Step 1 medication within the last 180 days
Anti-Convulsant Agents	Topiramate IR tablets	Topiramate ER	Must have tried a Step 1 medication within the last 180 days
Anti-Depressants	Bupropion Citalopram Escitalopram Oxalate Fluoxetine Paroxetine Sertraline Trazadone Venlafaxine Venlafaxine XR	Desvenlafaxine, Fetzima Trintellix Viibryd	Must have tried a Step 1 medication within the last 180 days
	Amitriptyline Imipramine Hcl Nortriptyline	Clomipramine Desipramine Protriptyline Trimipramine	Must have tried a Step 1 medication within the last 180 days
	Paroxetine IR tablets	Paroxetine ER tabs	Must have tried a Step 1 medication within the last 180 days
Antipsychotics	Quetiapine	Quetiapine XR Seroquel XR	Must have tried a Step 1 medication within the last 180 days
	Aripiprazole	Latuda Rexulti	Must have tried a Step 1 medication within the last 180 days
Hypnotics/Sedatives	Doxepin Temazepam Zaleplon Zolpidem	Belsomra Rozerem Silenor	Must have tried a Step 1 medication within the last 180 days
	Zolpidem tablets	Zolpidem ER	Must have tried a Step 1 medication within the last 180 days

Category	Step 1 Medication	Step 2 Medication	Criteria
Smoking Deterrents	Bupropion ER Nicotine TD Patches (all strengths)	Chantix Varenicline	Must have tried a Step 1 medication within the last 180 days
Cough/Cold			
Oral Suspension	Hydromet	Tuzistra XR	Must have tried a Step 1 medication within the last 180 days
Dermatology			
Antibiotics, Topical Agents	Mupirocin oint	Altanax Ointment	Must have tried a Step 1 medication within the last 180 days
Antifungals, Topical Agents	Ciclopirox Ketoconazole Nystatin	Econazole Ertaczo Exelderm Kerydin Luzu Mentax Naftin Oxiconazole Oxistat	Must have tried a Step 1 medication within the last 180 days
Cold sore treatment	Abreva (OTC)	Denavir	Must have tried a Step 1 medication within the last 180 days
Immunomodulators, Topical Agents	Tacrolimus 0.1% and 0.03% Oint	Elidel 1% Cream Pimecrolimus	Must have tried a Step 1 medication within the last 180 days
Rosacea, Topical Agents	Metronidazole 0.75% cream or lotion	Finacea Gel Mirvaso Gel 0.33%	Must have tried a Step 1 medication within the last 180 days
Steroids, Topical Agents – Very High Potency	Clobetasol 0.05% cream, Clobetasol 0.05% ointment Halobetasol 0.05% cream Halobetasol 0.05% ointment	Diflorasone 0.05% cream/ ointment	Must have tried a Step 1 medication within the last 180 days

Category	Step 1 Medication	Step 2 Medication	Criteria
Steroids, Topical Agents – High Potency	Augmented betameth dip 0.05% cream Betamethasone val 0.1% oint Fluocinonide 0.05% gel/cr/oint Triamcinolone 0.5% cr/oint	Amcinonide cream, Desoximetasone 0.25% cream/ointment Desoximetasone 0.05% gel Halog cream/oint	Must have tried a Step 1 medication within the last 180 days
Steroids, Topical Agents - Medium Potency	Betameth dip lotion 0.05% Betameth val cream 0.1% Fluticasone 0.05% cream and 0.005% ointment Mometasone 0.1% cr/oint/lotion Triamcinolone 0.1% cr/oint/lot Triamcinolone 0.25% cr/oint/lot	Clocortolone 0.1% cream Flurandrenolide Cream 0.05% Hydrocortisone valerate 0.2% cream/oint. Desoximetasone 0.05% cream	Must have tried a Step 1 medication within the last 180 days
Steroids, Topical Agents – Low Potency	Hydrocortisone 2.5% cr/oint/lot	Desonide 0.05% cream/oint/lotion	Must have tried a Step 1 medication within the last 180 days
Endocrine and Metabolic			
Antidiabetic – DPP4	Januvia Tradjenta	Onglyza	Must have tried a Step 1 medication within the last 180 days
Antidiabetic – DPP4/Metformin Combination	Janumet Janumet XR Jentadueto	Kombiglyze	Must have tried a Step 1 medication within the last 180 days
Antineoplastic Agents	Anastrozole Letrozole	Exemestane	Must have tried a Step 1 medication within the last 180 days
Estrogens, Oral Agents	Estradiol Estropipate	Enjuvia Menest Premarin	Must have tried a Step 1 medication within the last 180 days

Category	Step 1 Medication	Step 2 Medication	Criteria
Gout Agents	Allopurinol	Uloric	Must have tried a Step 1 medication within the last 180 days
Metabolic Bone Disorders	Alendronate Sodium Ibandronaten Sodium	Risedronate 150mg	Must have tried a Step 1 medication within the last 180 days
Gastrointestinal			
Bowel Preps	Peg-3350 Gavilyte-C	Moviprep Prepopik Suprep Bowel	Must have tried a Step 1 medication within the last 180 days
Inflammatory Bowel Disease	Sulfasalazine	Dipentum	Must have tried a Step 1 medication within the last 180 days
Genitourinary			
<u>Urinary Antispasmodics</u> Darifenacin, Myrbetriq, Toviaz, Vesicare	Flavoxate Ditropan (Oxybutynin,) Ditropan XL (Oxybutynin ER) Detrol (Tolterodine) Detrol LA (Tolterodine ER) Sanctura (Trospium)	Must have tried a medication in the 2 nd column within the last 365 days	Must have tried a Step 1 medication within the last 180 days
Insulin			
Basal Insulin	Humalog	Apidra	The use of Apidra require clinical team approval. Criteria will require failure in the last 30 days, unless found medically necessary.
GLP-1 / Basal Insulin Combo	<u>Basal Insulin</u> Lantus Basaglar Levemir Tresiba Toujeo	<u>GLP-1 Insulin</u> Victoza Trulicity Tanzem Byetta Bydureon	Soliqua Must have tried a Step 1 medication within the last 180 days

Category	Step 1 Medication	Step 2 Medication	Criteria
Ophthalmic			
Antibiotic	Ciprofloxacin Opth	Zymaxid	Must have tried a Step 1 medication within the last 180 days
Antiglaucoma	Timolol Maleate -ophth soln and gel forming soln	Betimol drops	Must have tried a Step 1 medication within the last 180 days
	Dorzolamide-Timolol	Combigan Simbrinza	Must have tried a Step 1 medication within the last 180 days
Antihistamines	Azelastine Opth Soln. Epinastine Opth Soln. Olopatadine Opth Soln. Ketotifen Opth Soln.	Bepreve Lastacaft	Must have tried a Step 1 medication within the last 180 days
Anti-Inflammatory	Bromfenac Diclofenac Flurbiprofen Ketorolac	Nevanac	Must have tried a Step 1 medication within the last 180 days
Antiglaucoma	Latanoprost	Lumigan Travatan Z Travoprost Zioptan	Must have tried a Step 1 medication within the last 180 days
Glucocorticoids	Dexamethasone Fluoromethalone Prednisolone Acetate Prednisolone Sod. Phos	Alrex Durezol Lotemax	Must have tried a Step 1 medication within the last 180 days

*Subject to change.

If you are a new member to AultCare and have tried the Step 1 medication, documentation from your physician is required. Some plans may have additional medications listed in their Step Therapy Program. Please call the AultCare Service Center at 330-363-6360 or 1-800-344-8858 if you have any questions.