



Dear AultCare Member,

AultCare is thankful for this opportunity to support your health and well-being. With more than 40 years of experience, we understand the importance of providing our members with innovative plan designs, a high-quality network, interactive programs and services and superior customer service.

AultCare: Healthcare Administrator

AultCare is your healthcare administrator, managing services such as enrollment, claims processing and customer service.

AultCare and Cigna PPO Network®

As an AultCare member, you have access to the AultCare Network for services rendered in the AultCare service area: Stark, Carroll, Cuyahoga, Holmes, Summit, Tuscarawas and Wayne counties in Ohio. For services outside of the AultCare service area, you have access to the Cigna PPO Network. The Cigna PPO Network provides you with access to broad, nationwide coverage including more than 1 million healthcare professionals and 6,300 network hospitals.

Please note: Your provider must:

1. Call AultCare to verify your eligibility and benefits and to start the prior authorization process.
2. Bill your claim to AultCare for services in the AultCare service area.
3. Bill your claim to Cigna at the address listed on the back of your member ID card for services outside the AultCare service area.

How to Find an AultCare Network Provider

- Go to AultCare.com, Find a Provider tab.
- Select the icon with the AultCare network option listed on the front of your member ID card.
- Search by criteria such as provider/hospital name, practice name, specialty, state or county.

How to Find a Cigna PPO Network Provider

- Go to AultCare.com, Find a Provider tab and select Other Networks.
- Select the Cigna PPO Network®.
- Enter an address, city or ZIP code to find a doctor or health facility near that location.
- Search by type of provider: Doctor by Type; Doctor by Name; Health Facilities and Group Practices.

Other Insurance Inquiries

- Your explanations of benefits (EOBs) are found in your AultCare online member account under the My Claims option. Your EOBs are available under your individual claims.
- To speak with a representative, please contact AultCare Customer Service at 330-363-6360 or 800-344-8858 (TTY: 711) Monday – Friday between 7:30 a.m. – 5 p.m. Eastern time.

Our members are our primary focus, and we look forward to showing you that you matter!

Sincerely,
AultCare

8489/26

2600 Sixth Street SW | Canton, OH 44710
330-363-6360 | 1-800-344-8858
www.aultcare.com

MEMBERS' CARE OUTSIDE THE AULTCARE SERVICE AREA

AultCare members may have access to providers and facilities in the Cigna PPO Network* when getting care outside of the AultCare service area.

VERIFICATION OF BENEFITS AND ELIGIBILITY

Contact AultCare Customer Service at 330-363-6360 or 1-800-344-8858 to verify benefits and eligibility. Please do not contact Cigna to verify this information.



PRIOR AUTHORIZATION GUIDELINES

Providers must follow the AultCare prior authorization guidelines.

Do not use the Cigna online prior authorization tool.



MEDICAL CLAIM SUBMISSION

AultCare network providers and services rendered in Carroll, Cuyahoga, Holmes, Stark, Summit, Tuscarawas and Wayne counties should submit claims to AultCare.

Providers outside of the AultCare service area should submit medical claims to Cigna to the address listed on the back of the ID card.




www.aultcare.com

Member Employer: YOUR COMPANY Group #: 00000 Member: JOE SAMPLE Member ID: AC000000000000	Medical Plan Effective: 04.01.2026 PCP Co-Pay \$30.00 Specialist Co-Pay \$60.00 In-Network Ded Ind/Family \$3000/6000 Out-of-Network Ded Ind/Family \$4000/8000 In-Network OOP Ind/Family \$7900/15800 Out-of-Network OOP Ind/Family \$15800/31600 Pharmacy Plan 
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Claims Submission AultCare Service Area: Services rendered within Carroll, Cuyahoga, Holmes, Stark, Summit, Tuscarawas & Wayne counties in OH) Submit claims to: AultCare PO Box 6910 Canton, OH 44706 Providers Outside of the AultCare Service Area: Submit claims to: Cigna PPO PO Box 188061 Chattanooga, TN 37422-8061 Payer ID #62308  Shared Administration PPO AWAY FROM HOME CARE	Customer Service/Eligibility This card is not a guarantee of coverage. For verification and coverage details call 330-363-6360 or 1-800-344-8858 weekdays, 7:30 AM to 5:00 PM. Hearing Impaired: Call 711. Utilization PRECERTIFICATION is required for all elective admissions and within two working days following an emergency admission. For preadmission certification, call Utilization Management at 330-363-6397 or 1-800-344-8858 weekdays, 8:30 AM to 5:00 PM. Benefits may be reduced if this does not occur.
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QUESTIONS? CONTACT US

Please contact AultCare Customer Service at 330-363-6360 or 1-800-344-8858 (TTY: 711). The hours of operation are Monday – Friday from 7:30 a.m. – 5 p.m. Eastern time. Visit our website at AultCare.com.



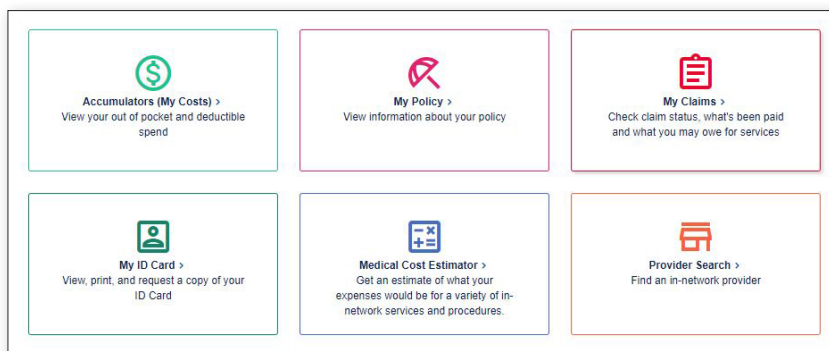
*The Cigna PPO Network refers to the healthcare providers (doctors, hospitals, specialists) contracted as part of the Cigna PPO for Shared Administration. Cigna is an independent company and not affiliated with AultCare. Access to the Cigna PPO Network is available through Cigna's contractual relationship with AultCare. All Cigna products are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company. The Cigna name, logo and other Cigna marks are owned by Cigna Intellectual Property, Inc.

YOUR ONLINE ACCOUNT

AultCare's online portal features easy-to-access resources, which provide the necessary tools to take an active role in your healthcare.

Follow these steps to create your account:

- 1 Visit **AultCare.com** or scan the QR code to download the member portal app to your mobile device.
- 2 Select **Account Login** on the homepage.
- 3 Select **Member** from the drop-down menu. Select **Don't have an account? Register**.
- 4 Complete the member registration information, select **Next**, then accept the Terms & Conditions and select **Next**.
- 5 Please confirm that the information you entered is correct. If so, select **Next**.
- 6 Finalize your submission by clicking **Submit**.
- 7 Sign in to the portal using your username and password, then select **Log in**.



Scan the QR code that corresponds with your device to download the AultCare mobile app.



APPLE
App Store



GOOGLE
Play Store

Features available on your online account:

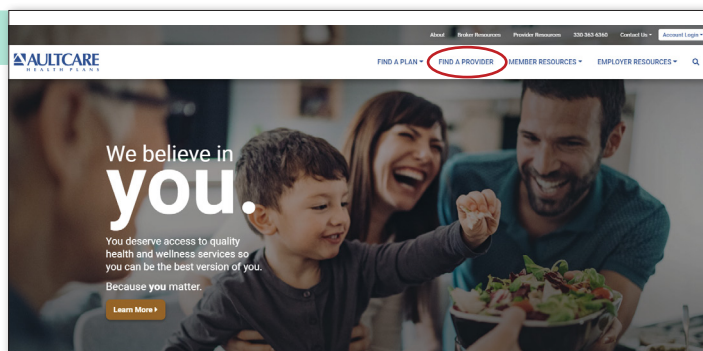
-  **My Costs** – Accumulator information for easy-to-read calculations of deductibles and out-of-pocket costs.
-  **My Policy** – Information regarding your policy and plan benefits.
-  **My Claims** – Information regarding claims, including claim status, payments and owed payments. Use this feature to also find Explanation of Benefit information for each claim.
-  **My ID Card** – View, print, download or request a replacement of your member ID card.
-  **Medical Cost Estimator** – Review an estimate of expenses for in-network services and procedures.
-  **Provider Search** – Use our online directory to find an in-network provider.
-  **Live Chat Online** – Use the online chat service to conveniently receive efficient and knowledgeable customer service administered by our trained representatives, Monday through Friday from 8:30 a.m. to 5 p.m. ET.
-  **My Resources** – Access additional resources here, including Pharmacy Benefit Manager, HealthEquity and Explanation of Benefits FAQ (if applicable).

HOW TO FIND A PROVIDER

If you are in need of a new family physician or a trained specialist, AultCare makes it easy to find a healthcare professional in the AultCare network. Follow these steps to use our online provider directory.

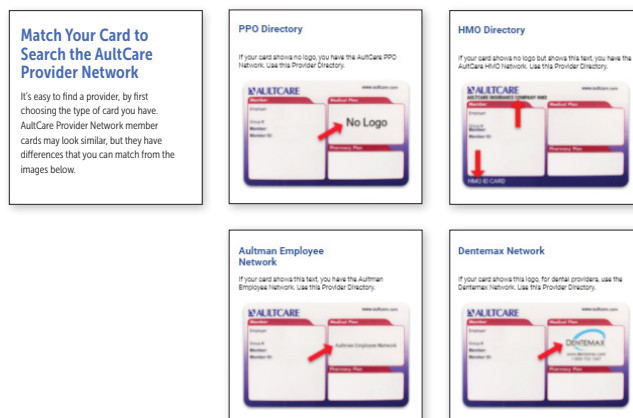
STEP 1

- » Select the **Find a Provider** button on the homepage.



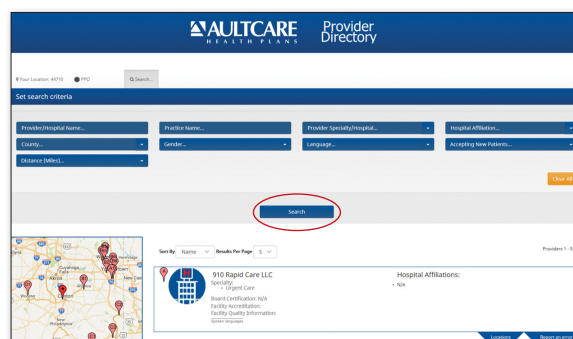
STEP 2

- » Use your member ID card to help select your plan.
- » The provider directory associated with your health plan will populate.



STEP 3

- » Use the search boxes to help you find a provider. You can search by practice name, provider name, specialty, hospital affiliation, location, gender and if they are accepting new patients.
- » Once you denote this information, click **Search** and all physicians and contact information will appear.



UNDERSTANDING YOUR EXPLANATION OF BENEFITS (EOB)

WHAT IS AN EOB?

An EOB is a statement from your health insurance plan detailing the costs toward a medical procedure or service you received. An EOB is not a bill.

The purpose of an EOB is to clearly state the cost of care received, costs covered by the insurance plan and member cost share.

HOW DO I RECEIVE MY EOBs?

Members are automatically enrolled to receive their EOBs via their secured, online member account.

To access your EOBs:

- Visit AultCare.com and log in to your account.
- Select **My Claims**.
- Use the filters to find a specific claim or scroll to the bottom of the page to view your claims. Select a claim number to review the EOB.

If you would like to receive paper EOBs via mail, please contact AultCare Customer Service.

ITEMS OF INTEREST

When reviewing your EOB, these areas are clearly denoted.

To the right is an example of an EOB.

- Claim payment details
 - Provider name
 - Claim number
- Date of service and name of procedure/service
- Cost of procedure/service
- Any applicable discounts and provider adjustments
- Payment amount paid by AultCare based on your plan's deductible, copayment and insurance
- Amount the member is responsible to pay


P. O. BOX 6910
CANTON, OH 44706-0910

201912212026

Electronic Service Requested
2248 0.0372
[Barcode]
Member address information

Explanation of Benefits
Enrollee Copy
For claim questions or general information:
Call: 330-363-6360 or 1-800-344-8858
TTY users can call: 711
Monday - Friday 7:30 a.m. to 5:00 p.m.
Email: aultcare@aultcare.com
Visit us: www.aultcare.com


Group #:
Date:
Member ID:

This is not a bill

Claim payment detail ↓

Group information →

Amount based on adjustments and coinsurance/copay/deductible ↗

Provider Name: Claim#:	Patient Name: Patient #:	Employee:	Dates of Service -- CPT/Mod Procedure	Billed Amount	Ineligible Amount	Inel Code	Contractual Adjustment	Adj Code	Coin-Copay/ Deductible	Payment Amount
			DATE OF SERVICE --- CPT/MOD PROCEDURE	77.00	0.00		10.59	O3	13.28	53.13
			DATE OF SERVICE --- CPT/MOD PROCEDURE	14.00	0.00		10.94	O3	0.61	2.45
			DATE OF SERVICE --- CPT/MOD PROCEDURE	5.00	0.00		1.94	O3	0.61	2.45
			DATE OF SERVICE --- CPT/MOD PROCEDURE	0.00	0.00		0.00		0.00	0.00
			DATE OF SERVICE --- CPT/MOD PROCEDURE	0.00	0.00		0.00		0.00	0.00
			TOTALS	96.00			23.47		14.50	58.03

Date of service and name of procedure/service ↑

Cost of procedure/service ↗

Amount AultCare will pay → **TOTAL PAYMENT AMOUNT: 58.03**

Member responsibility amount → Patient Responsibility 14.50

Messages
* For current accumulator information, please view your account on our website.
** If this plan is the secondary payer, the patient responsibility field may not reflect accurately. Please confirm the amount due with your provider of service.
*** The affiliation fee is a contracted amount between the provider and the leased network. The patient is not responsible for this amount.

Payment To: Check No Amount
AultCare payment information to provider 58.03

Reason Code Description
O3 FEE ADJUSTMENT/PROVIDER DISCOUNT, PATIENT NOT REQUIRED TO PAY.

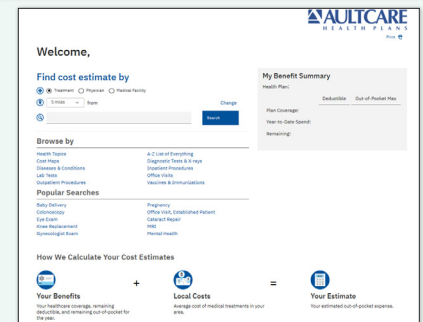
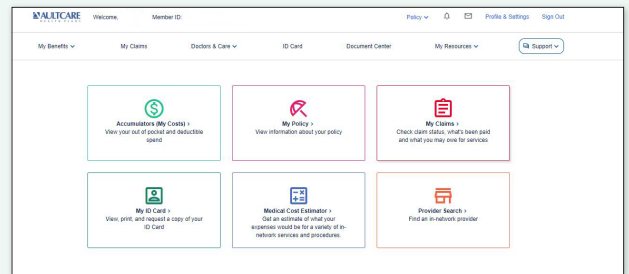
MEDICAL COST ESTIMATOR

The Medical Cost Estimator is a valuable resource available for members to access accurate, personalized cost estimates for a wide variety of in-network healthcare services.



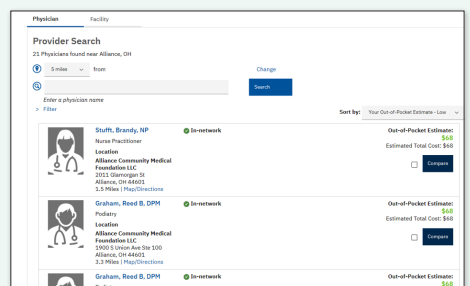
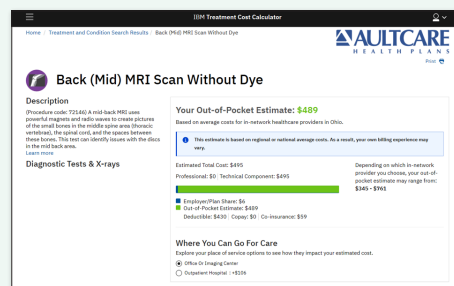
STEP 1

- » Log in to your account
- » Select the Medical Cost Estimator button, then select the member who will be receiving the medical treatment or service.
- » This screen denotes a benefit summary for the member (deductible and out-of-pocket).
- » Search for a cost estimate by selecting the appropriate button (treatment, physician or medical facility). Type in the text box the corresponding name of the treatment, physician or medical facility.
- » You may also click on a category in the Browse by section.



STEP 2

- » The information displayed is an estimated out-of-pocket calculation, along with a brief description of the procedure/treatment.
- » A list of providers and facilities may also be shown for a cost comparison.



If you, or someone you are helping, have questions about AultCare/Aultra you have the right to get help and information in your language at no cost. To speak with an interpreter, call Local: 330-363-6360 Outside Stark County: 1-800-344-8858 TTY Local: 711 Outside Stark County: 711

Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de AultCare/Aultra tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al Local: 330-363-6360 Fuera del condado de Stark: 1-800-344-8858 TTY Local: 711 Fuera del condado de Stark: 711

如果您，或是您正在協助的對象，有關於AultCare/Aultra保險公司方面的問題，您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員，請撥電話本地：330-363-6360 斯塔克縣外：1-800-344-8858 TTY線本地：711 斯塔克縣外：711

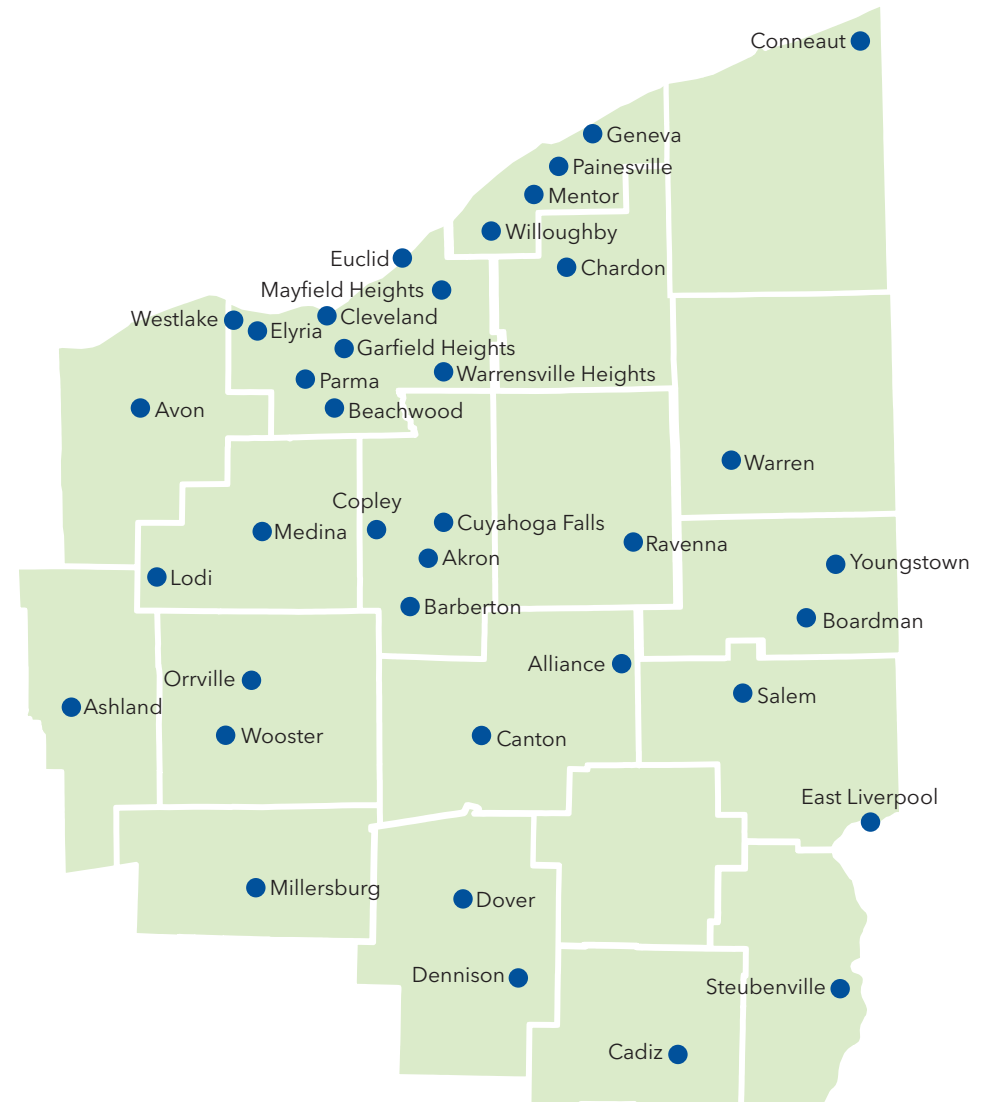
AultCare/Aultra complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

CONTACT US

330-363-6360 | 1-800-344-8858 | TTY: 711 | AultCare.com

NETWORK HOSPITALS

Facility Name	City
Akron Children's Hospital	Akron
Aultman Alliance Community Hospital	Alliance
Aultman Hospital	Canton
Aultman Orrville Hospital	Orrville
Cleveland Clinic Akron General Medical Center	Akron
Cleveland Clinic Avon Hospital	Avon
Cleveland Clinic Children's Hospital for Rehabilitation	Cleveland
Cleveland Clinic Euclid Hospital	Euclid
Cleveland Clinic Fairview Hospital	Cleveland
Cleveland Clinic Hillcrest Hospital	Mayfield Heights
Cleveland Clinic Lodi Hospital	Lodi
Cleveland Clinic Lutheran Hospital	Cleveland
Cleveland Clinic Main Campus	Cleveland
Cleveland Clinic Marymount Hospital	Garfield Heights
Cleveland Clinic Medina Hospital	Medina
Cleveland Clinic Mentor Hospital	Mentor
Cleveland Clinic Mercy Hospital	Canton
Cleveland Clinic Rehabilitation Hospital Avon	Avon
Cleveland Clinic Rehabilitation Hospital Beachwood	Beachwood
Cleveland Clinic Rehabilitation Hospital Edwin Shaw	Copley



Continued on reverse side.



NETWORK HOSPITALS

Facility Name	City
Cleveland Clinic South Pointe Hospital	Warrensville Heights
Cleveland Clinic Union Hospital	Dover
Crystal Clinic Orthopaedic Center	Akron
East Liverpool City Hospital*	E. Liverpool
Harrison Community Hospital	Cadiz
Hillcrest Hospital	Mentor/Mayfield Heights
Lake Health Beachwood Medical Center	Beachwood
Lake Hospital System Inc - Tripoint Medical Center	Painesville
Lake Hospital System Inc - West Medical Center	Willoughby
Pomerene Hospital	Millersburg
Salem Regional Medical Center	Salem
St. Elizabeth Boardman Hospital	Boardman
St. Elizabeth Youngstown Hospital	Youngstown
St. Joseph Warren Hospital	Warren
Summa Health System Akron City Hospital	Akron
Summa Health System Barberton Citizens Hospital	Barberton

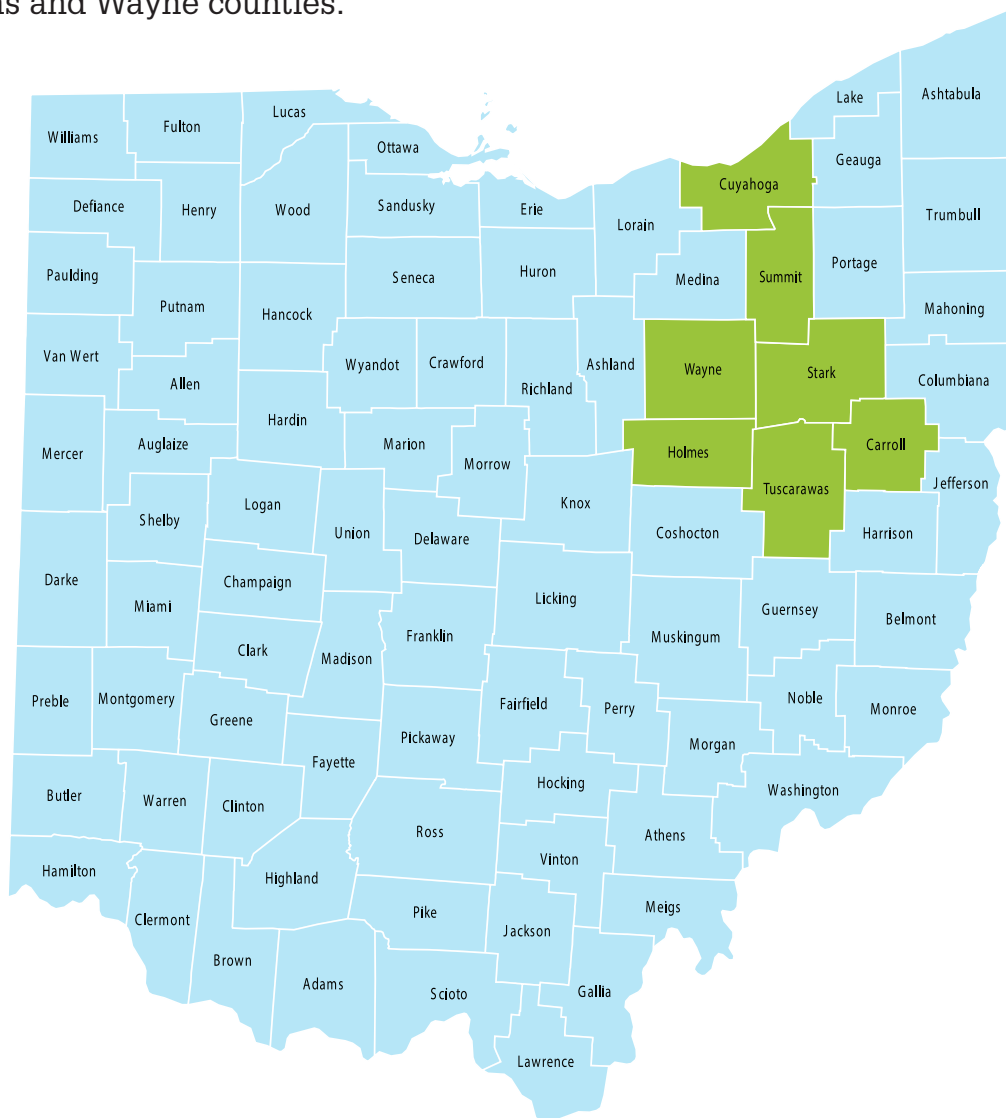
Facility Name	City
Trinity Hospital Twin City	Dennison
Trinity Medical Center West	Steubenville
UH Ahuja Medical Center	Beachwood
UH Avon Rehabilitation Hospital	Avon
UH Cleveland Medical Center	Cleveland
UH Conneaut Medical Center	Conneaut
UH Portage Medical Center	Ravenna
UH Rehabilitation Hospital	Beachwood
UH Samaritan Medical Center	Ashland
University Hospitals Elyria Medical Center	Elyria
University Hospitals Geauga Medical Center	Chardon
University Hospitals Geneva Medical Center	Geneva
University Hospitals Parma Medical Center	Parma
University Hospitals St. John Medical Center	Westlake
Western Reserve Hospital	Cuyahoga Falls
Wooster Community Hospital	Wooster

This comprehensive list of hospitals excludes the Heartland Network, Select Network, Premier Select Network and Aultman Employee Network. When accessing care at certain facilities, services may be received from hospital-based physicians. Some of these physicians may not be contracted under your plan. Members will be responsible for the difference in payment. Visit the AultCare Provider Directory at [AultCare.com/findaprovider](https://www.aultcare.com/findaprovider) for the most up-to-date information.

**AultCare PPO Only*

SERVICE AREA MAP

AultCare's main service area encompasses: Stark, Carroll, Cuyahoga, Holmes, Summit, Tuscarawas and Wayne counties.



Access to the Cigna PPO Network is available for members living or receiving treatment outside of the AultCare service area. Refer to your ID card.

To find a Cigna PPO Network provider, go to AultCare.com, Find a Provider tab and select "Other Networks." Select the Cigna PPO Network®. Enter an address, city or Zip code to find a doctor or health facility near that location. Search by type of provider: Doctor by Type; Doctor by Name; Health Facility.



CONTACT US

330-363-6360 | 1-800-344-8858 (TTY: 711)

AultCare.com





BE PREPARED

Get the right care, whether that's finding the right doctor, specialist, therapist or something else altogether. Use the Find a Provider button at AultCare.com, email AultCare at aultcare@aultcare.com or call 330-363-6360 (toll-free: 1-800-344-8858, TTY: 711).

Find care near you whenever you need it. You get in-network coverage at hospitals, ambulatory care facilities and providers throughout the AultCare service area: Stark, Carroll, Cuyahoga, Holmes, Summit, Tuscarawas and Wayne counties. With location options in more places, AultCare gives you more.

	Who usually provides care	Average wait time and cost	When to go
Emergency Room 	Doctors trained in emergency medicine	4 hours or more \$2,300	- Life-threatening or disabling symptoms - Chest pain or severe shortness of breath - Major injury or broken bones - Sudden or unexplained loss of consciousness
Retail Health Clinic 	Physician assistants or nurse practitioners	30 minutes \$78	- Allergic reactions (minor) - Bumps, cuts, scrapes, rashes - Burning with urination - Burns (minor) - Cold, cough and sore throat - Sinus pain and fever (minor) - Eye or ear pain or irritation - Shots
Walk-in Doctor's Office 	Family practice doctors	30 minutes \$147	Same as retail health clinic plus ... - Asthma (mild) - Back pain - Nausea or diarrhea - Headache (minor)
Urgent Care Center 	Doctors who treat conditions that should be looked at right away	30 minutes \$98	Same as walk-in doctor's office plus ... - Animal bites - Sprains and strains - Stitches - X-rays
Virtual Health Services Vendor 	Board-certified doctors	10 minutes \$80	- Cold & flu symptoms - Allergies - Sinus problems - Respiratory infection - Skin problems - And more!

Do you have health-related questions or concerns? Please call 330-363-7620 or 1-866-422-9603. An operator will take your information and an experienced registered nurse will return your call.

Money-saving tip

Visit hospitals and doctors that are in your network. If you don't, you'll often pay much more out-of-pocket for your care.

AULTCARE

CVS MINUTECLINIC®

With more than 125 different healthcare services provided by trained professionals available 7 days a week, CVS MinuteClinics® are ideal for your non-urgent healthcare needs.

All CVS MinuteClinics across the United States are included in the AultCare network. If you are traveling and experience a non-urgent healthcare need, you can conveniently access a CVS MinuteClinic and still receive coverage under your health plan.

QUALITY AND CONVENIENT CARE



The CVS MinuteClinic® practices quality and convenient care:

- » Located inside select CVS Pharmacy locations
- » Open 7 days a week (includes evenings and weekends)
- » Scheduled appointments are recommended
- » New clinics and services are added regularly
- » Visit www.cvs.com/minuteclinic for more information



STAFFED BY PROFESSIONALS IN FAMILY HEALTHCARE



At a CVS MinuteClinic, you will receive a wide range of care by professionals specialized in family healthcare.

Services include:

- » Minor illnesses and injuries
- » Screenings and monitorings
- » Skin conditions
- » Travel health
- » Vaccinations and injections
- » Wellness

You have the right to assistance and information in your language at no cost. To speak with an interpreter, call 330-363-6360 (TTY 711). ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 330-363-6360 (TTY: 711). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電330-363-6360 (TTY：711)。AultCare/Aultra complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

CONTACT US

330-363-6360 | 1-800-344-8858 | TTY 711
www.aultcare.com

you
matter

PROGRAMS AND SERVICES

Through our partnerships, coordination, products, network, and customer service, AultCare offers members a wide variety of programs and services. These programs and services provide a diverse spectrum of value to members towards their health and wellness.

CARE COORDINATION



AultCare's Care Coordination program encompasses all of the clinical areas of AultCare including:

- » Utilization Management
- » Population Health Management
- » Case Management
- » Disease Management
- » Pharmacy
- » Wellness

As an AultCare member, you may receive the following services:

- » Assistance with chronic illnesses
- » Help with transitioning care
- » Access to healthcare professionals
- » Educational mailings
- » Tele-monitoring programs for heart failure and diabetes
- » Assistance with navigating the healthcare system

24-HOUR NURSE HOTLINE



When it comes to your health, AultCare members can talk with an experienced, registered nurse and get advice or answers to their health-related questions day or night.

Please call 330-363-7620 or 1-866-422-9603 for additional assistance.

ONLINE HEALTH LIBRARY



If you are preparing for surgery, living with a chronic condition, or want to take a more active role in your health, our online health library can empower you to take care of your health. The online health library can help you prepare for surgery and manage your health conditions.

The online health library delivers reliable information, created in collaboration with only board-certified physicians, and makes it easy to understand.

To view the online health library, visit www.aultcare.com and select **Members**. The health library can be found under the **Care Coordination** heading on the right side of the webpage.

MEDICAL COST ESTIMATOR



In an effort to empower members to take control of their healthcare dollars, members have access to a Medical Cost Estimator. This program was designed to provide an estimate as to what members can expect to pay for a wide variety of in-network services and procedures, while taking into consideration their deductible/out-of-pocket expenses.

Advantages of the Medical Cost Estimator

- » Compares costs of most common procedures between physicians, hospitals, and facility charges
- » Provides members with a greater transparency
- » By utilizing this tool, members have the opportunity to save money



ONLINE RESOURCES



Throughout AultCare's website, you are able to manage your account information including: reviewing your claims and Summary of Benefits, ordering ID cards, and accessing a wide variety of forms. AultCare's website is also a great resource for many other health-related topics.

Health & Wellness

- » Provider directory
- » Health programs and services
- » Health information and tips

Prescription Information

- » Prescription history
- » Money saving drug alternatives
- » Detailed drug information
- » National pharmacy search

Online Resources

- » Account statements
- » Benefits
- » Claims

AultCare Blue Button

- » Organize and store medical information
- » Download text file
- » Share data with members of your care team

Quick Forms

- » Member card replacement
- » Medical information
- » Dental claim form
- » Vision claim form
- » Other coverage information

CONTACT US

330-363-6360 | 1-800-344-8858

www.aultcare.com



GETTING THE MOST FROM YOUR HEALTHCARE PLAN

AultCare/Aultra is dedicated to providing you and your family with convenient access to healthcare. In order to provide access to quality care, it is important to keep AultCare/Aultra updated with any major life events. In addition, AultCare/Aultra may reach out to you if more information is required regarding you and your family to accurately manage your health plan.

MAJOR LIFE EVENTS



If any of the below life events occur, it is your responsibility to notify your Benefits Coordinator at your Employer within 30 days of the event to qualify for a Special Enrollment Period. During a Special Enrollment Period, you may alter an existing health insurance policy or sign up for a new one outside of the yearly Open Enrollment Period.

» **Loss of Health Coverage**

- Involuntarily losing existing health coverage, including job-based, individual, and student plans
- Losing Eligibility for Medicare, Medicaid, or CHIP
- Turning 26 and losing coverage through a parent's plan

» **Changes in Household**

- Getting married or divorced
- Having a baby, adopting a child, or being awarded guardianship of a minor
- Death in the family



ADDITIONAL INFORMATION



If AultCare/Aultra requires additional information, you will receive a form in the mail, or will be notified with an explanation of benefits. It is important to complete the form and send the information to AultCare/Aultra as soon as possible to avoid a delay in claims payment or claims denial.

Examples:

- » **Other Coverage Information** – It is your responsibility to notify AultCare/Aultra if your spouse and/or child(ren) have other insurance coverage. AultCare/Aultra may ask you to complete an Other Coverage Information Form to verify the other coverage or if additional information is needed.
- » **Divorce/Not Married** – AultCare/Aultra may request a copy of your divorce decree or court order if you are divorced or a single parent covering children on your plan. The required court document provides information on which parents must carry the healthcare plan for dependent children. If you do not have a court document, you will be asked annually to complete an Affidavit for Financial Support.
- » **Injury** – AultCare/Aultra will need to know if an injury is related to an accident that may be connected to a Workers' Compensation claim, an automobile accident, or if another party is responsible for the injury. You will be asked to complete important information on an Accident Questionnaire and return it to AultCare/Aultra.

CONTACT US:

AultCare | 330-363-6360 | 1-800-344-8858 (TTY: 711) | www.aultcare.com
Aultra | 330-363-2050 | 1-855-270-8497 | www.aultragroup.com

 **AULTCARE**

 **AULTRA**

PREVENTIVE CARE BENEFITS AND SERVICES



Preventive care is one of the most important steps you can take to manage your health. Routine preventive care can identify and address risk factors before they lead to illness. When you prevent illness, it helps reduce your healthcare costs. You should work with your doctors to help you follow these guidelines and address your specific health concerns.

CHILD PREVENTIVE CARE (BIRTH TO AGE 21)

- Preventive physical exams
- Behavioral counseling to prevent skin cancer
- Behavioral counseling to promote a healthy diet
- Blood pressure screening
- Cholesterol and lipid level screening
- Dental cavities prevention including application of fluoride varnish on all primary teeth (up to age 17)
- Depression and anxiety screening
- Developmental and psycho-social behavioral assessments
- Hearing screening for newborns
- Lead exposure screening
- Newborn gonorrhea prophylaxis
- Newborn screenings, including sickle cell anemia
- Screening and behavioral counseling related to tobacco and drug use
- Screening and counseling for obesity
- Screening and counseling for sexually transmitted infections
- Screenings for heritable diseases in newborns
- Tuberculosis screening
- Vision screening
- Hepatitis B screening if at high risk for infections

CHILD IMMUNIZATIONS

- Coronavirus disease 2019 (COVID-19)
- Diphtheria, tetanus, pertussis
- Haemophilus influenza type B
- Hepatitis A & B
- Human papilloma virus
- Influenza (flu shot)
- Measles, mumps, rubella
- Meningococcal
- Pneumococcal (pneumonia)
- Polio
- Respiratory syncytial virus (RSV)
- Rotavirus
- Varicella (chicken pox)



ADULT PREVENTIVE CARE (AGE 21 AND OLDER)

- Preventive physical exam
- Abdominal aortic aneurysm screening
- Blood pressure screening
- Cholesterol and lipid level screening
- Colorectal cancer screening including fecal occult blood test, flexible sigmoidoscopy or colonoscopy
- Depression and anxiety screening
- Diabetes screening
- Hepatitis B screening if at high risk for infections
- Hepatitis C screening if at high risk (or one-time screening for adults born 1945 to 1965)
- HIV screening
- Screening and counseling for sexually transmitted infections
- Screening for lung cancer
- Tuberculosis screening

COUNSELING AND EDUCATION INTERVENTIONS

- Behavioral counseling to prevent skin cancer
- Behavioral counseling to promote a healthy diet
- Counseling related to aspirin use for the prevention of cardiovascular disease
- Prevention of falls in older adults
- Screening and behavioral counseling related to unhealthy alcohol and drug use
- Screening and behavioral counseling related to tobacco abuse
- Screening and nutritional counseling for obesity



ADULT IMMUNIZATIONS

- Coronavirus disease 2019 (COVID-19)
- Hepatitis A & B
- Herpes zoster (shingles)
- Human papilloma virus
- Influenza (flu shot)
- Measles, mumps, rubella
- Meningococcal
- Pneumococcal (pneumonia)
- Polio
- Respiratory syncytial virus (RSV)
- Tetanus, diphtheria, pertussis

PRESCRIPTION DRUGS

- Aspirin
- Colonoscopy preparations
- Fluoride
- Folic acid
- Medication to reduce the risk of primary breast cancer in women
- Smoking cessation aids
- Ferrous sulfate drops
- Statin therapy
- Contraceptives
- PrEP

WOMEN'S SERVICES

- Breast and ovarian cancer susceptibility screening, counseling and testing (including BRCA* testing)
- Comprehensive breast cancer screening
- Breastfeeding counseling and rental of breast pumps and supplies up to the purchase price
- Bone density test to screen for osteoporosis
- Cervical cancer screening (Pap test)
- Chlamydia screening
- Discussion of chemoprevention with women at high risk for breast cancer
- FDA-approved contraception methods and counseling for women, including sterilization
- HPV DNA Testing
- Lactation classes
- Pregnancy screenings (including hepatitis, asymptomatic bacteriuria, Rh incompatibility, syphilis, gonorrhea, chlamydia, iron deficiency anemia, alcohol misuse, tobacco use, HIV, gestational diabetes)
- Prenatal care and behavioral health counseling for healthy weight and weight gain
- Screening and counseling for interpersonal and domestic violence
- Well women visits
- Perinatal depression counseling and intervention

The screenings and immunizations listed in this summary include services required by healthcare reform (the Patient Protection and Affordable Care Act). For plan years beginning on or after September 23, 2010, non-grandfathered health plans must cover these routine immunizations and other services that are recommended by the United States Preventive Services Task Force A or B, and by other organizations such as Bright Futures, endorsed by the American Academy of Pediatrics. Please note: Some services and products may be subject to age, gender or other restrictions and are subject to change. Refer to uspreventiveservicestaskforce.org or Healthcare.org for details. In addition, some prescription drugs or services may be subject to medical management techniques, such as prior authorization, quantity limits, etc.

If these services are performed by a network provider, members cannot be charged a coinsurance or deductible. Out-of-network charges may apply if the services are performed by a non-network provider.

*All genetic testing, including BRCA testing, requires prior authorization.



Disease Management



AultCare's Disease Management focuses on providing members with education on prevention and ensuring members with chronic health issues have all the tools and services necessary to improve their health.

Disease Management offers an integrated and comprehensive approach to manage conditions, reduce complications, improve quality of life, and decrease overall costs. These resources are available at no additional cost for AultCare members.

Programs and resources available within Disease Management include:

- **Telemonitoring Programs**
 - > Chronic Obstructive Pulmonary Disease (COPD)
 - > Congestive Heart Failure (CHF)
 - > Diabetes
- **Educational Resources**
 - > Mental Health
 - > Pre-Diabetes
 - > Stroke

**Remote telemonitoring for diabetes, COPD & CHF may be based on plan benefits design.*



Telephonic Support

You will have access to a nurse for preventive care reminders, adherence follow-up, medication follow-up, and information on how to improve overall outcomes.



Assistance with Referrals

We can provide assistance with referrals to specialists or community agencies.



Educational Materials and Resources

We have educational materials and resources available to provide you with the information you need for quality care.



Maximize Plan Advantages

Our team can help you maximize your health plan advantages so you can receive high quality, affordable care.

You have the right to assistance and information in your language at no cost. To speak with an interpreter, call 330-363-6360 (TTY 711). ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 330-363-6360 (TTY: 711). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電330-363-6360 (TTY : 711)。AultCare/Aultra complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Contact Us

330-363-6360 | 1-800-344-8858 | TTY 711

AultCare.com



Notice of HIPAA Special Enrollment Rights

We would like to take this opportunity to advise you of an important provision in your health care plan. To participate, you must complete an enrollment form. Dependent upon which specific plan you wish to enroll in, you may have to pay part of the premium through payroll deduction.

Additionally, HIPAA requires that we notify you of the "Special Enrollment Provision".

Special Enrollment Provision

Loss of Other Coverage. If you decline enrollment for yourself or for another eligible dependent (including your spouse) while other health insurance or group health plan coverage is in effect, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing toward your or your dependents' other coverage). However, you must request enrollment within **30** days after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage).

New Dependent by Marriage, Birth, Adoption, or Placement for Adoption. In addition, if you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your new dependents. However, you must request enrollment within **30** days after the marriage, birth, adoption, or placement for adoption.

To request special enrollment or to obtain more information about the plan's special enrollment provisions, contact your AultCare Service Center at 330-363-6360 or 1-800-344-8858.

Procedures for Requesting Certificate of Creditable Coverage/Certificate of Health Plan Coverage

HIPAA requires that plan sponsors and/or insurers provide a Certificate of Creditable Coverage/Certificate of Health Plan Coverage (HIPAA Certificate) to each individual who requests one, so long as it is requested while the individual is covered under the AultCare Health Plan or within 24 months of the individual's coverage under the AultCare Health Plan ending. The request also can be made by someone else's behalf for an individual. For example, an individual who previously was covered under the AultCare Health Plan may authorize a new plan in which the individual enrolls to request a certificate of the individual's Creditable Coverage/Health Plan Coverage from the AultCare Health Plan. An individual is entitled to receive a Certificate upon request even if the AultCare Health Plan has previously issued a Certificate to that individual.

Requests for Certificates should be directed to AultCare Corporation, Attn: Member Services, P.O. Box 6910, Canton, Ohio 44706-0910 or by calling your AultCare Service Center at 330-363-6360 or 1-800-344-8858.

Telephone requests are accepted only if the Certificate is to be mailed to the address the plan has on file for the individual to who the request relates. Other requests must be made in writing.

All requests must include:

- The name of the individual for whom the Certificate is requested;
 - AultCare Group Number and Identification Number
-
- P.O. Box 6910 | Canton, OH 44706
 - PHONE: 330-363-6360 | TOLL FREE: 1-800-344-8858
 - TTY LINE: 711
 - WEBSITE: www.aultcare.com



- The last date that the individual was covered under the plan;
- The name of the participant that enrolled the individual in the plan; and
- A telephone number to reach the individual for whom the Certificate is requested.

Required written request must also include:

- The name of the person making the request and evidence of the person's authority to request and receive the Certificate on behalf of the individual
- The address to which the Certificate should be mailed.
- The requester's signature

After receiving a request that meets these requirements, the plan will act in a reasonable and prompt fashion to provide the Certificate.

(Note: A preexisting condition exclusion does not apply to enrollees of AultCare plans that have renewed effective January 1, 2014 and after.)

The Certificate of Creditable Coverage/Health Plan Coverage can be used as proof of loss of coverage.

- P.O. Box 6910 | Canton, OH 44706
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- TTY LINE: 711
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