



# MONDAYS

*with Mike*

## AULTCARE

Weekly PLAN

monday

# Success and Happiness

Just before Steve Jobs, co-founder and former CEO of Apple, passed away in 2011, he shared the following thoughts about success and happiness. These reflections are powerful reminders of what we should and should not chase along life's journey.

**Material things lost can be found again. But there is one thing that can never be found once it is lost. That one thing is life.**

**Before we face the day that the curtain closes on our lives, love your family, spouse, friends . . . treat them right, cherish them. As we grow older and wiser, we slowly realize that whether we wear a \$300 watch or a \$30 watch, both give the same time.**

**Whether we have a \$300 wallet or a \$30 wallet, the amount inside is still the same.**

**Whether we drive a \$100,000 car or a \$30,000 car, the road and distance are still the same, and we reach our destination.**

**Whether the house we live in is 300 square feet or 3,000 square feet, loneliness is the same.**

You will realize that inner happiness does not come from the material things of this world. Rather, having friends, old friends, spouses, brothers, and sisters with whom you discuss, laugh, sing and talk about life is real happiness.

Don't raise your children to be rich. Educate them to be happy. So when they grow up, they will know the value of things and not just the price.

What a great reflection for us as we begin our week!

