



MONDAYS

with Mike

AULTCARE

Weekly
PLAN

monday

Life does not take place on the summit!

Earlier this summer, I had the privilege of attending a talk given by Jeff Evans, world renowned climber of Mount Everest. While Jeff has scaled this mountain many times, one particular climb stands out. He led a blind man to the peak of Mount Everest. As Jeff described the process and shared photos of the grueling climb, several leadership reflections and life lessons stood out.

Here are several that I think we can use in our “daily climbs”:

- > Commit to a guide mindset that lifts others up.
- > Identify “routes” that fit the skill sets of those we serve and lead.
- > Nurture “rope teams” in our lives because we will fall a lot.
- > Adjust as a team to the tension of the rope.
- > Be calm, kind, patient and resourceful as a leader.
- > Trust is built by having shared experiences.
- > The “route” will absolutely have to change as we scale the mountain.

Life does not take place on the summit. It takes 2 ½ months to arrive at the 20 minutes of being on the top of the summit. We must commit to the work and the process in order to achieve the desired results.

Let’s continue to adopt an expeditionary mindset as we lead our teams, families, and ourselves.

Have a great week!

