



MONDAYS

with Mike

AULTCARE

Weekly PLAN

monday

In times of adversity

Scott Mautz, in his book, *Make It Matter*, created what he calls his In Times of Adversity manifesto. He mentions three key tenants about how he views adversity:

1. There will most certainly be adversity in my tenure – it is life in the business world.
2. There are certain behaviors that you can expect out of me in those tough times. Hold me to them.
3. I expect the same behaviors from you.

He then goes on to share how he takes on adversity:

- > Be the eye of the storm. Be calm, cool, and collected. People are taking cues from you.
- > Adversity reveals true character. Show your best. It is one of the most lasting impressions you'll ever leave.
- > Drive out fear. Job #1 is to steer the ship back on course. There will be time later to learn who did or did not do something.
- > Assemble a small, nimble coalition of experts for broad problem solving but quick action.
- > Pull on the chain of command. Chains exist to provide added strength in times of need. That's why it is not called a "thread of command."
- > Always remember, this too, shall pass. It always does. It just passes faster when you use these principles.

Let's use Scott's reflection and framework the next time adversity strikes. Lean into the issue and frame it as he suggests. We will feel more in control, and we will model leadership strength as we do.

Have a great start to your month of February!

IMPOSSIBLE