



# MONDAYS

*with Mike*

## AULTCARE

Weekly  
PLAN

monday

## The power of positive connections

In John Maxwell's book, *The Self Aware Leader*, he shares an interesting summary of how some leaders are effective at work while others fail at work. "Leaders" and "work" can be broadly applied to marriages, parenting, coaching, teaching, and friendships, as well as the typical work setting. He cites an article in *Inc.* that discussed the top 7 reasons why people lose their jobs. Five of the seven were related to difficulties in getting along with others.

Judith Tobin suggests the following five (5) qualities that help us positively connect with others:

**Appreciation.** We understand that people are different than us, and we take the time to uniquely consider those differences.

**Sensitivity.** We take the time to understand personal feelings and take into account the different personalities that exist around us.

**Consistency.** We are real and sincere with those around us, not patronizing or roller-coaster-like in our dealings with others.

**Security.** We provide the space and environment to allow folks to grow, make mistakes, and then evaluate those decisions.

**Humor.** We have a sense of humor, not taking ourselves too seriously. We are not overly sensitive.

If we can put this equation into our work with others in all of our "people environments," we can have an impact that multiplies as those same people work with others in their lives. What a leadership influence!

Have a great start to your month of March!

