



MONDAYS

with Mike

AULTCARE

Weekly PLAN

monday

Courage, Fear, and Risk

Andy Stanley, in his book *Next Generation Leader*, describes the relationship between courage, fear, and risk. Let's take a minute to reflect upon this relationship:

Courage is not the absence of fear. Courage assumes fear. It is the willingness to strap on your fear and move ahead. The leader who refuses to move until fear is gone will never move. Leadership is about moving boldly into the future in spite of uncertainty and risk. You can't lead without taking risk. You can't take risk without courage. Courage is essential to leadership.

Here are five quick reflections to see how your "risk tolerance" maybe as a leader, mother, coach, or in any position that you are in responsible charge:

Are we careful or fearful?

- > Careful is cerebral; fearful is emotional.
- > Careful is fueled by information; fearful is fueled by imagination.
- > Careful calculates risk; fearful avoids risk.
- > Careful wants to achieve success; fearful wants to avoid failure.
- > Careful is concerned with progress; fearful is concerned about protection.

This week, let's find a healthy combination of courage and careful. Our leadership influence and effectiveness will benefit when we do!

Have a great Super Bowl Week!

