



MONDAYS

with Mike

MONDAYS

Are we teachable?

Hall of Fame college basketball coach John Wooden, shares the following quotes about being teachable:

"It's what we learn after we know it all that counts."
 "Everything we know we learned from someone else."

Dwight Mason shares the following relative to Coach Wooden's reflections:

A teachable person is set up for success in life and leadership. They exhibit the humility to solicit and receive feedback from those around them. They learn from their mistakes. They listen to advice, and most importantly, they grow.

Becoming teachable is all about attitude. It is the desire to listen, learn, and apply. It is the hunger to discover and grow.

Here are a few questions to help us assess whether we are open to new ideas:

- Am I open to other people's ideas?
- Do I listen more than I talk?
- Am I willing to ask a question that will expose my ignorance?
- Do I readily admit when I am wrong?
- Do I act defensive when criticized, or do I listen openly for truth?

As we encounter a teachable moment this week, let's have an attitude of humility and growth.

Have a great week!