



# MONDAYS

*with Mike*

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## The Master Coach

I received the following reflection from my high school football coach, with whom I later coached at Minerva High School. This reflection is awesome because we can insert father, mother, teacher, unit director, CEO, etc. into each spot where the word "Coach" is used. Put yourself into this story as we influence those in our lives.

The Master Coach always hears the athlete's silent voice:

- Coach, help me build courage, strength, and confidence.
- Coach, forgive my faults. Inspire me, push me to new limits.
- Coach, change me from iron to steel, from lamb to lion.
- Coach, most of all, be a man of compassion. Let my teammates hear it, see it, and feel it.
- Coach, in your hand, you hold the pen that will write an important chapter in my life.

Let's keep in mind the silent voices of those in our lives as we "do life" with them. In this way, we are all "coaches" in the most influential and impactful way.

Have a great start to your new year!