



MONDAYS *with Mike* MONDAYS Grading My Team

As you read the title of this week's Mondays with Mike, I am sure that you thought about sports teams and work teams. While these are certainly appropriate initial definitions of team, please broaden your connection of the word "team" by thinking about family, volunteer, friendship, and marriage, as well.

Let's give ourselves a grade on each of the following "team" behaviors:

Does my "team" . . .

- Make heartfelt connections with one another, showing warmth and an interest to connect as we engage the work?
- Openly and honestly communicate with one another, even to the extent that we overcommunicate?
- Believe that we are all "in this together" and watch one another's back?
- Fiercely commit to each other and put each other first?
- Share goals and values, upholding the value of trust?
- Enjoy each other, even when the going is tough?
- Have compassion, moving toward one another, rather than away from one another when the going is tough?
- After a challenge has passed, help each other grow from the challenge, supporting each other on a higher level as we move forward.

How does our overall report card look? Would our teammates and family members give the same grades to each behavior that we did?

As we start our week, let's focus on the qualities that we do well and keep those energized. Additionally, let's focus on one that may need some improvement. Our overall "Team GPA" will benefit!

Have a great week!