



MONDAYS

with Mike

Grace and Peace ~ During the Holidays and Beyond!

In the holiday season, the words grace and peace are used more often than at any other time of the year. In a spiritual and religious sense, these words attach nicely to this time of year all around the world. They are seen as gifts that we can give to one another, as well as blessings to bestow upon one another.

As we engage our co-workers, family members, and friends, wouldn't it be great if the energy and meaning of these words would be "in play" all year long?

Let's give it a try:

Here is the definition of grace: demonstrating courteous goodwill in all words, actions and behaviors.

And the definition of peace: the absence of hostility, freedom from disturbance, tranquility, harmony

Putting these definitions together would produce something like this:

The demonstration of courteous, goodwill in all that we do in order to lessen or remove hostility and produce harmony, instead.

Grace and peace used in this manner will certainly be gifts and blessings, but also a way of life in our families, workgroups, and friendship circles.

Let's make the next couple of weeks a clear reminder of exhibiting grace and peace ALL year long!