



MONDAYS *with Mike* MONDAYS

Reasons for disengagement

I recently read a brief account on the topic of disengagement from a source called Blue Ocean Brain. It would be easy to simply apply this to workforce or work environments. After reading their top three reasons for disengagement, I expanded the concept to family dynamics, locker room culture, church committees, school buildings, volunteer groups and any other relationship that could be nurtured or improved.

As you read these three, take some time to reflect upon their dynamics in the expanded worlds that you live in:

1. Clarity (of expectations)
2. Connection (to the mission or purpose of the organization)
3. Opportunities (to learn and grow)

This week, let's find ways to use the three key qualities in our individual worlds in order to energize our engagement with others. There is a bonding energy when we do!

Have a great week!

