



MONDAYS

with Mike

Success questions to guide our journey

Inside the word question is the smaller word quest. The word quest means journey toward something. Questions actually help us with our journey toward understanding whatever the topic or need is that is being questioned. Questions are a powerful tool. This week, consider the following questions to help guide our quest to success:

- What's the number one thing you want to achieve in the next five years?
- What's something that used to scare you, but no longer does?
- What did fear of failure stop you from doing?
- What is something you will continue to do until the day you die?
- What's the best advice you have ever received?
- What's something you must give up in order to move forward?
- If someone would say to you, "Just go for it!" what would "it" be?

The answers to these questions will help frame our self-talk as we attack our daily activities or future plans. They help to quiet the chatter and set us on a clearer personal path toward some successful achievement or accomplishment.

Have a great start to your quest for success!