## **Excess stability des**

## Success-crashing attitudes

Kevin Eastman, in his book, Why the Best Are the Best, shares the following about success and what can happen if we fall prey to the following devastating attitudes:

**Complacency.** This is the feeling of "we've got this;" we don't have to work as hard as before because we know how to win. We can cruise now and turn it on when we need to.

**Conceit.** This is the opposite of humility. You think you are a gift to the team, and you are the one they all know they need to be successful. You believe you are God's gift to any success the team or group has.

**Compromise.** This is when we feel we can skip a step or not work as hard today. In other words, "I can take this play off." We compromise preparation, the process, and our work ethic.

All three mindsets are destructive to a team, a family, or even a work group. Complacency will be tested and most often will fail. Conceit leads to friction with the team, family, or work group, as the members often cannot stand to interact with this type of teammate. And compromise leads us down the path of taking short cuts or doing something that we normally wouldn't do, thinking we can always get back on track.

Success, in its simplest form, is a result of:

• The choices we make,

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- the actions we take, and
- the circles we travel in.

Have a successful start to your week by pushing back against the success-crashing attitudes!

