

Dealing With Adversity

In times of adversity

Scott Mautz, author of the book Make It Matter, shares what he calls his adversity manifesto. This is the way he will embrace and engage adversity. What is so helpful for us is that these guidance steps work for us as parents, coaches, teachers, pastors, and any other role that will be looked upon in times of adversity.

- 1. Be the eye of the storm. A calm, cool, and collected leader is a beacon. Never forget how many others take cues from you.
- 2. Realize adversity reveals true character Leverage it as a chance to show yours . It's one of the most lasting impressions you'll ever leave.
- 3. Drive out fear. Job number one is to steer the ship back on course. There will be time later to constructively learn from who did/did not do what. And remember, we really are all in this together. Our mortal enemy is ignorance of the fact that the nemy is external.
- 4. Assemble a small, nimble coalition of experts for broad problem solving but quick action. Roll up your sleeves and flow to the work. Overcommunicate.
- 5. Pull on the chain of command to help. Chains exist to provide added strength in times of need. That's why it's not called a "thread of command."
- 6. Always remember, this too shall pass. It always does. It just passes faster when you use these principles.

The next time we face adversity, let's have this set of steps handy in our homes, coaches' offices, principals' offices, classrooms, pastor offices, and leadership meeting spaces.

Have a great week!

