



MONDAYS

with Mike

Fear and Failure

Steve Largent, the former great Seattle Seahawks wide receiver, did not possess outstanding natural assets. Nevertheless, he achieved phenomenal success at a position normally requiring exceptional speed. Here is his interesting formula for responding to failure:

- F** Forget about your failures. Do not dwell on past mistakes.
- A** Anticipate failure. Realize that we all make mistakes.
- I** Intensity should be felt in everything you do. Never be a failure for lack of effort.
- L** Learn from your mistakes. Do not repeat previous errors.
- U** Understand why you failed. Diagnose your mistakes so as not to repeat them.
- R** Respond; do not react to errors. Responding corrects mistakes; reacting magnifies them.
- E** Elevate your self-concept. It is okay to fail, everyone does. Now, how are you going to deal with failure?

Every problem, every heartache, every adversity, every failure carries with it the equal opportunity for even greater benefit. To begin to overcome obstacles, we need to rid ourselves of indecision, doubt, and fear. That requires courage.

This week, let's engage a courageous mindset as we manage a challenge.

Fear not!