

# PROVIDER SEARCH

# Provider Search Options

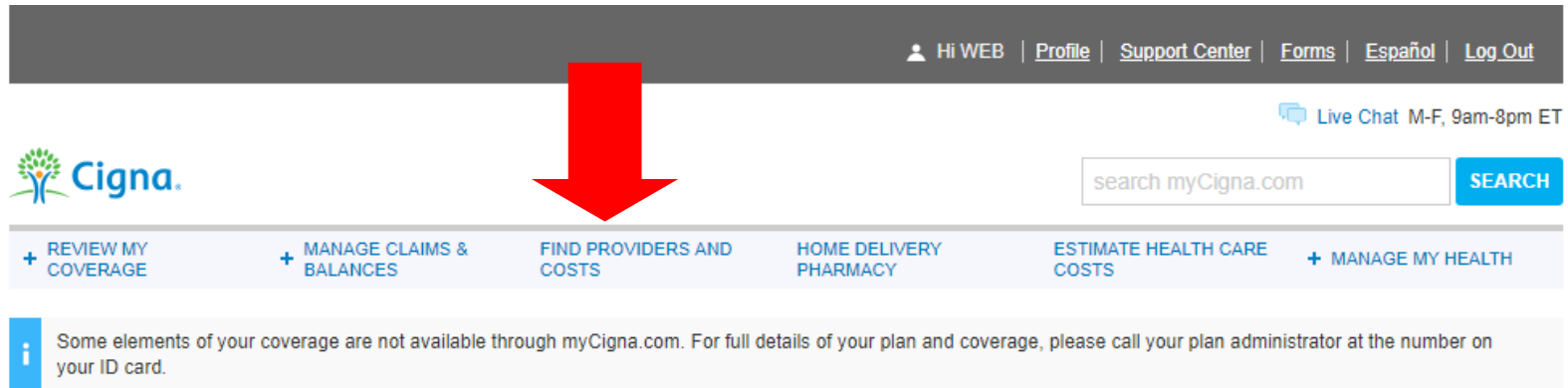
## myCigna.com

- Best and most accurate option.

## Cigna.com

- Accommodates needs of broader enterprise-wide customer constituency.
- Requires additional inputs for network selection.

# Provider Search Options – myCigna.com

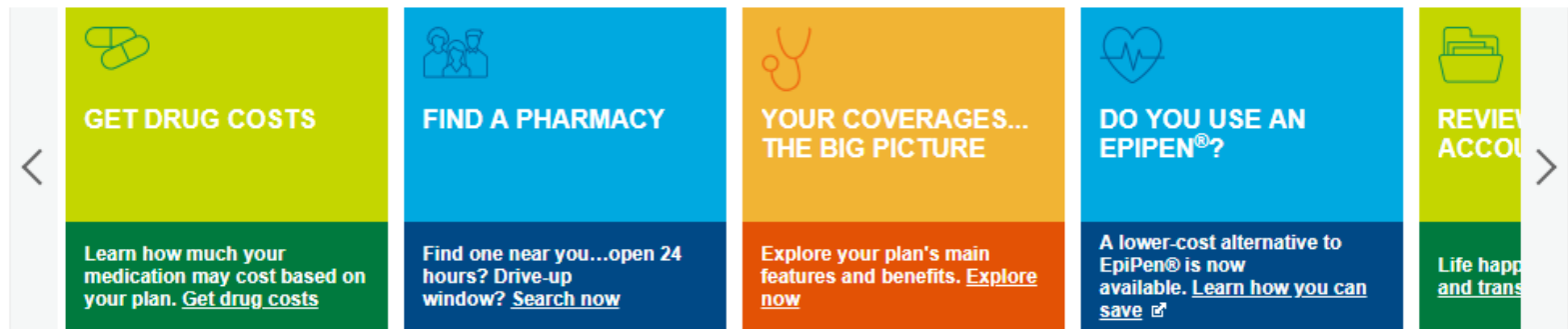


The screenshot shows the myCigna.com website interface. At the top, there is a navigation bar with links for 'Hi WEB', 'Profile', 'Support Center', 'Forms', 'Español', and 'Log Out'. Below this, a large red arrow points down to the 'FIND PROVIDERS AND COSTS' link in the main navigation menu. The menu also includes 'REVIEW MY COVERAGE', 'MANAGE CLAIMS & BALANCES', 'HOME DELIVERY PHARMACY', 'ESTIMATE HEALTH CARE COSTS', and 'MANAGE MY HEALTH'. A search bar with the text 'search myCigna.com' and a 'SEARCH' button is located to the right of the menu. Below the menu, a message states: 'Some elements of your coverage are not available through myCigna.com. For full details of your plan and coverage, please call your plan administrator at the number on your ID card.'



**PRESCRIPTION REFILLS ARE A CLICK AWAY**

Cigna Home Delivery Pharmacy's online ordering makes filling your prescriptions easier than ever. [Order online](#)



**GET DRUG COSTS**  
Learn how much your medication may cost based on your plan. [Get drug costs](#)

**FIND A PHARMACY**  
Find one near you...open 24 hours? Drive-up window? [Search now](#)

**YOUR COVERAGES... THE BIG PICTURE**  
Explore your plan's main features and benefits. [Explore now](#)

**DO YOU USE AN EPIPEN®?**  
A lower-cost alternative to EpiPen® is now available. [Learn how you can save](#)

**REVIEW ACCOUNT**  
Life happens and your account needs a checkup. [Review your account](#)

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# Enter search criteria

Typing an entry in the “Looking For” field will provide a drop-down list of search suggestions.

Hi WEB | Profile | Support Center | Forms | Español | Log Out

Live Chat M-F, 9am-8pm ET



search myCigna.com **SEARCH**

+ REVIEW MY COVERAGE

+ MANAGE CLAIMS & BALANCES

**FIND PROVIDERS AND COSTS**

HOME DELIVERY PHARMACY

ESTIMATE HEALTH CARE COSTS


+ MANAGE MY HEALTH

Home » Find Providers and Costs Print This Page


## Find Providers and Costs


Near **Bloomfield, CT** (Change)


Dermatologist




Looking for a provider, specialty, or procedure ("primary care provider," "oral surgeon," "spinal fusion")? [Browse the A-to-Z glossary](#)

 **Nearest Urgent Care**  
We found Urgent Care Center of CT located 2.1 miles from your search location. [Map all urgent care near my current location.](#)

 Looking for a Dentist? Use the [Cigna Dental SA Directory](#) to find in-network Dentists.


 **Know before you go:** Before you visit any provider or facility, we recommend you call ahead to confirm their network status, address, office hours, and that they are accepting new patients.


 **Searching for Baptist Memorial Hospitals or facilities?** The following [hospitals and health care facilities](#) are outside your network even though you may see them in your search results.


Popular Searches

Compare the cost savings of network providers.

**NEED HELP**



 [Visit the Support Center](#)

 For help finding something on the site please call 1-800-853-2713


 For other issues, please visit the [Contact Cigna](#) page.

[VIEW MORE](#) ▼

**RELATED DIRECTORIES**

- [Mental Health & Substance Abuse Services](#) 
- [Cigna Collaborative Care Listing](#)
- [Certified Genetic Counselors Listing](#) 

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# Search results

[Hi WEB](#) | [Profile](#) | [Support Center](#) | [Forms](#) | [Español](#) | [Log Out](#)

[Live Chat](#) M-F, 9am-8pm ET



search myCigna.com [SEARCH](#)

[+ REVIEW MY COVERAGE](#) | [+ MANAGE CLAIMS & BALANCES](#) | [FIND PROVIDERS AND COSTS](#) | [HOME DELIVERY PHARMACY](#) | [ESTIMATE HEALTH CARE COSTS](#) | [+ MANAGE MY HEALTH](#)

[Home](#) » [Find Providers and Costs](#) » [Search Results](#) [Print This Page](#)

## Search Results

[START OVER](#)

### Results for Dermatologist near Bloomfield, CT (Change)

Medical Plan: PPO, Choice Fund PPO - [Refer to Review My Coverage for details](#)

DISTANCE

0 30 60 90 120 150

Up to: 25 miles

SPECIALTY

- ☐ Dermatology (71)
- ☐ Dermatopathology (2)
- ☐ Pediatric Dermatology (2)
- ☐ Pediatrics (1)
- ☐ Primary Care - Pediatrician (1)
- ☐ Primary Care Physician - Child (1)

QUALITY & RECOGNITIONS

- ☐ American Board of Medical Specialties (67)
- ☐ Cigna Care Designation (41)
- ☐ Evidence Based Medicine Standards (1)
- ☐ Meets Group Board Certification Criteria (2)

HOSPITAL AFFILIATIONS

- ☐ BAYSTATE MEDICAL CENTER (15)
- ☐ BAYSTATE NOBLE HOSPITAL (4)
- ☐ BAYSTATE WING HOSPITAL (1)
- ☐ CHARLOTTE HUNGERFORD HOSPITAL (1)

[APPLY](#)

[More filters](#)

## 71 In-Network Doctors for Dermatologist

[Sort by Cigna Care Designation](#)


[Explain Quality & Recognitions](#) | [Print/Save PDF](#) | [List](#) | [Map](#)

### Last, Gary L, MD

(860) 242-8644 | 580 Cottage Grove Rd #207 Bloomfield, CT 06002 | 2.0 miles - [Map](#)


Dermatology - Board Certified

Years in Practice: 40

 In-Network

Quality Ratings & Recognitions


Cost Efficiency Rating: ★ ★ ★

 Cigna Care Designation

American Board of Medical Specialties

Hospital Affiliations

ST. FRANCIS HOSPITAL & MEDICAL CENTER

 Accepting new patients


Know before you owe.

[View procedures and cost information](#)

# Refine search criteria

[Hi WEB](#) | [Profile](#) | [Support Center](#) | [Forms](#) | [Español](#) | [Log Out](#)

[Live Chat](#) M-F, 9am-8pm ET



search myCigna.com [SEARCH](#)

[+ REVIEW MY COVERAGE](#) | [+ MANAGE CLAIMS & BALANCES](#) | [FIND PROVIDERS AND COSTS](#) | [HOME DELIVERY PHARMACY](#) | [ESTIMATE HEALTH CARE COSTS](#) | [+ MANAGE MY HEALTH](#)

[Home](#) » [Find Providers and Costs](#) » Search Results [Print This Page](#)

## Search Results

[START OVER](#)

### Results for Dermatologist near Bloomfield, CT (Change)

Medical Plan: PPO, Choice Fund PPO - [Refer to Review My Coverage for details](#)

**DISTANCE**

0 30 60 90 120 150

Up to: 25 miles

**GROUP PRACTICE**

- ☐ ADVANCED DERMATOLOGY CENTER, PC (1)
- ☐ ADVANCED RADIOLOGY PA (1)
- ☐ ALI BANKI DO PC (1)
- ☐ B H CLINIC CARDIOLOGY PC (1)
- ☐ BAYSTATE HIGH STREET

**GENDER**

- ☐ Male (38)
- ☐ Female (32)

**SPECIALTY**

- ☐ Dermatology (71)
- ☐ Dermatopathology (2)
- ☐ Pediatric Dermatology (2)
- ☐ Pediatrics (1)
- ☐ Primary Care - Pediatrician (1)
- ☐ Primary Care Physician - Child (1)

**ACCEPTING NEW PATIENTS**

- ☐ Accepting new patients (66)

**COST EFFICIENCY RATING**

- ☐ ★ ★ ★ (35)
- ☐ ★ ★ ★ (31)
- ☐ ★ ★ ★ (2)

**QUALITY & RECOGNITIONS**

- ☐ American Board of Medical Specialties (67)
- ☐ Cigna Care Designation (41)
- ☐ Evidence Based Medicine Standards (1)
- ☐ Meets Group Board Certification Criteria (2)

**YEARS IN PRACTICE**

- ☐ <5 (8)
- ☐ 5-10 (2)
- ☐ > 10 (61)

**HOSPITAL AFFILIATIONS**

- ☐ BAYSTATE MEDICAL CENTER (15)
- ☐ BAYSTATE NOBLE HOSPITAL (4)
- ☐ BAYSTATE WING HOSPITAL (1)
- ☐ CHARLOTTE HUNGERFORD HOSPITAL (1)

**ADDITIONAL LANGUAGES SPOKEN**  
(By Provider or Qualified Medical Interpreter (QMI))

- ☐ Chinese (2)
- ☐ French (4)
- ☐ Hindi (2)
- ☐ Portuguese (1)
- ☐ Punjabi (1)
- ☐ Russian (2)

[APPLY](#)

# High tech radiology

[Hi WEB](#) | [Profile](#) | [Support Center](#) | [Forms](#) | [Español](#) | [Log Out](#)

 Live Chat M-F, 9am-8pm ET



SEARCH

+ REVIEW MY COVERAGE

+ MANAGE CLAIMS & BALANCES

FIND PROVIDERS AND COSTS

HOME DELIVERY PHARMACY

ESTIMATE HEALTH CARE COSTS

+ MANAGE MY HEALTH

[Home](#) » [Find Providers and Costs](#)

[Print This Page](#)

## Find Providers and Costs

Near **Bloomfield, CT** ([Change](#))

MRI



Looking for a provider, specialty, or procedure ("primary care provider," "oral surgeon," "spinal fusion")? [Browse the A-to-Z glossary](#)



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Popular Searches

Compare the cost savings of network providers.

### NEED HELP



[Visit the Support Center](#)



For help finding something on the site please call 1-800-853-2713



For other issues, please visit the [Contact Cigna](#) page.

[VIEW MORE](#) ▼

### RELATED DIRECTORIES

- [Mental Health & Substance Abuse Services](#) 
- [Cigna Collaborative Care Listing](#)
- [Certified Genetic Counselors Listing](#) 


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# Radiology search results – eviCore providers are integrated

[Hi WEB](#) | [Profile](#) | [Support Center](#) | [Forms](#) | [Español](#) | [Log Out](#)

Live Chat M-F, 9am-8pm ET

 [SEARCH](#)

[+ REVIEW MY COVERAGE](#) | [+ MANAGE CLAIMS & BALANCES](#) | [FIND PROVIDERS AND COSTS](#) | [HOME DELIVERY PHARMACY](#) | [ESTIMATE HEALTH CARE COSTS](#) | [+ MANAGE MY HEALTH](#)

Home » Find Providers and Costs » Search Results [Print This Page](#)

## Search Results

[START OVER](#)

**Results for MRI near Bloomfield, CT (Change)**  
**Medical Plan:** PPO, Choice Fund PPO - [Refer to Review My Coverage for details](#)

**DISTANCE**

0 5 10 25 75 150 250

Up to: 25 miles

[APPLY](#)

### 30 In-Network Facilities

**Be aware of procedure costs for these types of doctors. Costs can vary significantly by location (outpatient facility vs. hospital).**

Abdomen X-ray \$33 - \$81 <a href="#">Calculate your cost</a>	Abdominal Ultrasound (Complete) \$149 - \$279 <a href="#">Calculate your cost</a>	Abdominal Ultrasound (Limited) \$115 - \$221 <a href="#">Calculate your cost</a>	<a href="#">View all procedures</a>
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Sorted by National Vendors

[Explain Quality & Recognitions](#) | [Print/Save PDF](#) | [List](#) | [Map](#)

**Jefferson Radiology**  
(800) 453-0574 | 6 Northwestern Dr #102 Bloomfield, CT 06002 | 2.1 miles - [Map](#)

**Facility Type**  
Advanced Imaging Center , Mammography Facility , Nuclear Cardiology , Radiology & Imaging Services

Know before you owe.  
[View procedures and cost information](#)



# Cigna Care Designation – reviewed specialties



## Specialists (18)

- Allergy/Immunology
- Cardiology
- Cardiothoracic surgery
- Dermatology
- Ear, nose and throat
- Endocrinology
- Gastroenterology
- General surgery
- Hematology/oncology
- Nephrology
- Neurology
- Neurosurgery
- OB/GYN
- Ophthalmology
- Orthopedics and surgery
- Pulmonology
- Rheumatology
- Urology

## Primary care physicians

- Family practice
- Internal medicine
- Pediatrics

- **11% lower cost per episode of care and 14% lower hospital readmissions for Cigna Care designated specialists than non-designated specialists<sup>1\*</sup>**
- **All members have access to CCD physicians, noted in the directory with**



\*Cigna analysis of Cigna Managed Care and PPO claims processed between January 2016 – December 2016 for the 21 specialties reviewed, February 2018. Savings are not guaranteed and individual client results will vary.

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# Cigna Care Designation



search myCigna.com

SEARCH

+ REVIEW MY COVERAGE

+ MANAGE CLAIMS & BALANCES

FIND PROVIDERS AND COSTS

HOME DELIVERY PHARMACY

ESTIMATE HEALTH CARE COSTS

+ MANAGE MY HEALTH

Home » Find Providers and Costs » Search Results

Print This Page

## Search Results

START OVER

### Results for Dermatologist near Bloomfield, CT (Change)

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APPLY

More filters

## 71 In-Network Doctors for Dermatologist

Sorted by Cigna Care Designation | Explain Quality & Recognitions | Print/Save PDF | List | Map

**Last, Gary L, MD**  
(860) 242-8644 | 580 Cottage Grove Rd #2 | Bloomfield, CT 06002 | 2.0 miles - Map

Dermatology - Board Certified  
Years in Practice: 40  
In-Network

Quality Ratings & Recognitions  
Cost Efficiency Rating: ★ ★ ★  
Cigna Care Designation  
American Board of Medical Specialties

Hospital Affiliations  
ST. FRANCIS HOSPITAL & MEDICAL CENTER

Accepting new patients  
Know before you owe.  
View procedures and cost information

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# Cigna Behavioral Health network

More than 40 years experience improving health: Mind and body

**44 million**

adults age 18 and  
older in the U.S.  
have a diagnosable  
mental disorder.<sup>1</sup>

**20%**

of young adults and  
youths in the U.S.  
experience a  
mental or  
substance use  
disorder.<sup>2</sup>

## What members get

- Access to Cigna Behavioral Health Network
- Provider lookup via **cignabehavioral.com**
- Integrated medical and behavioral information for utilization management coordination
- Support for an evidence-based approach to behavioral health treatment
- Treatment expertise for individuals with mental health and substance use disorder
- Crisis stabilization via 24-hour telephone assistance, providing immediate support to help prevent admissions and readmissions

1. Substance Abuse and Mental Health Services Administration, results from the 2014 National Survey on Drug Use and Health: Mental Health Findings, Rockville, MD.


2. Centers for Disease Control and Prevention. (2015). Web-based Injury Statistics Query and Reporting System (WISQARS) [Online].

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# CignaBehavioral.com provider search prompt

Hi WEB | [Profile](#) | [Support Center](#) | [Forms](#) | [Español](#) | [Log Out](#)

 Live Chat M-F, 9am-8pm ET



SEARCH

+ REVIEW MY COVERAGE

+ MANAGE CLAIMS & BALANCES

FIND PROVIDERS AND COSTS

HOME DELIVERY PHARMACY

ESTIMATE HEALTH CARE COSTS

+ MANAGE MY HEALTH

Home » Find Providers and Costs

[Print This Page](#)

## Find Providers and Costs

Near **Bloomfield, CT** ([Change](#))



Looking for a provider, specialty, or procedure ("primary care provider," "oral surgeon," "spinal fusion")? [Browse the A-to-Z glossary](#)



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### NEED HELP



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For other issues, please visit the [Contact Cigna](#) page.

[VIEW MORE](#) ▼

### RELATED DIRECTORIES

- [Mental Health & Substance Abuse Services](#) 
- [Cigna Collaborative Care Listing](#)

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# CignaBehavioral.com provider search prompt

The screenshot shows the CignaBehavioral.com provider search results page. At the top, there is a navigation bar with links for 'Hi WEB', 'Profile', 'Support Center', 'Forms', 'Español', and 'Log Out'. Below this is a 'Live Chat' button indicating availability from M-F, 9am-8pm ET. The Cigna logo is on the left, and a search bar with the text 'search myCigna.com' and a 'SEARCH' button is on the right. A horizontal menu contains links: '+ REVIEW MY COVERAGE', '+ MANAGE CLAIMS & BALANCES', 'FIND PROVIDERS AND COSTS' (which is the active link), 'HOME DELIVERY PHARMACY', 'ESTIMATE HEALTH CARE COSTS', and '+ MANAGE MY HEALTH'. The breadcrumb trail reads 'Home >> Find Providers and Costs >> Search Results'. The main heading is 'Search Results', with a 'START OVER' button to its right. Below the heading, it says 'Results for Psychology near Bloomington, IL' and 'Medical Plan: PPO, Choice Fund PPO - Refer to...'. A 'DISTANCE' slider is set to 25 miles. A modal prompt is centered on the screen, titled 'Use Cigna's Behavioral Directory', with the text 'For a more complete directory of therapists, psychiatrists, social workers, other behavioral health specialists, tools and services--'. It contains two buttons: 'SEARCH THE CIGNA BEHAVIORAL DIRECTORY' with an external link icon, and 'CONTINUE WITH MY SEARCH'. Below the modal, there is an 'APPLY' button and a 'More filters' link. At the bottom, it displays '382 In-Network Doctors for Psychology'. On the right side of the page, under 'GROUP PRACTICE', there is a list of providers with checkboxes: 'BEHAVIORAL HEALTH NETWORK, INC (1)', 'CENTER FOR MULTICULTURAL PSYCHOLOGICAL SERVICES LLC (1)', and 'COMMUNITY CHILD GUIDANCE CLINIC, INC (1)'.

Hi WEB | Profile | Support Center | Forms | Español | Log Out

Live Chat M-F, 9am-8pm ET

Cigna

search myCigna.com SEARCH

+ REVIEW MY COVERAGE + MANAGE CLAIMS & BALANCES FIND PROVIDERS AND COSTS HOME DELIVERY PHARMACY ESTIMATE HEALTH CARE COSTS + MANAGE MY HEALTH

Home >> Find Providers and Costs >> Search Results Print This Page

Search Results START OVER

Results for Psychology near Bloomington, IL  
Medical Plan: PPO, Choice Fund PPO - Refer to...

DISTANCE  
0 30 60 90 120 150  
Up to: 25 miles

Use Cigna's Behavioral Directory  
For a more complete directory of therapists, psychiatrists, social workers, other behavioral health specialists, tools and services--

SEARCH THE CIGNA BEHAVIORAL DIRECTORY

No, thanks...

CONTINUE WITH MY SEARCH

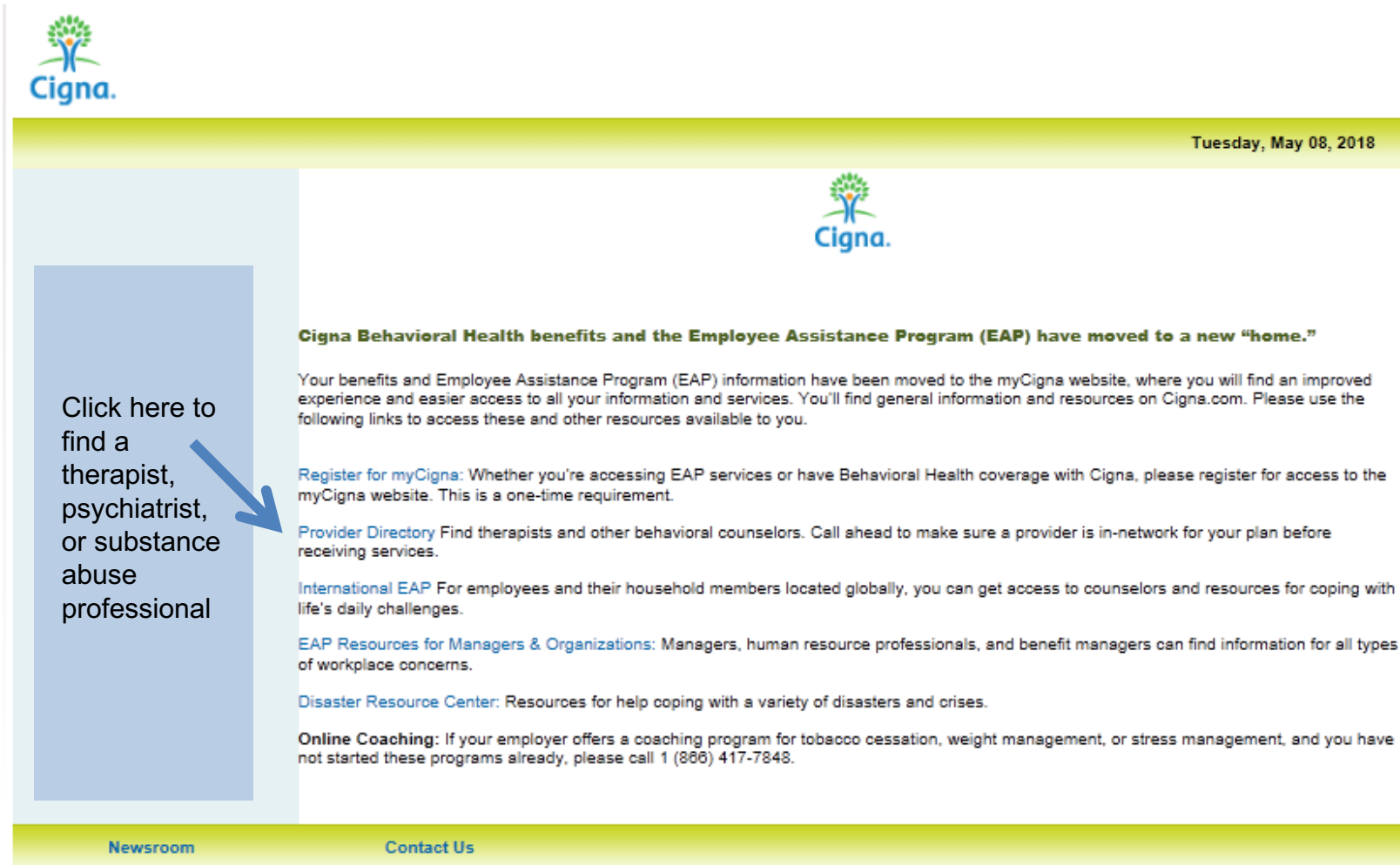
APPLY

More filters

382 In-Network Doctors for Psychology

GROUP PRACTICE  
☐ BEHAVIORAL HEALTH NETWORK, INC (1)  
☐ CENTER FOR MULTICULTURAL PSYCHOLOGICAL SERVICES LLC (1)  
☐ COMMUNITY CHILD GUIDANCE CLINIC, INC (1)

# Finding a behavioral provider



**Cigna.**

Tuesday, May 08, 2018

**Cigna Behavioral Health benefits and the Employee Assistance Program (EAP) have moved to a new "home."**

Your benefits and Employee Assistance Program (EAP) information have been moved to the myCigna website, where you will find an improved experience and easier access to all your information and services. You'll find general information and resources on Cigna.com. Please use the following links to access these and other resources available to you.

**Click here to find a therapist, psychiatrist, or substance abuse professional**

**Register for myCigna:** Whether you're accessing EAP services or have Behavioral Health coverage with Cigna, please register for access to the myCigna website. This is a one-time requirement.

**Provider Directory** Find therapists and other behavioral counselors. Call ahead to make sure a provider is in-network for your plan before receiving services.

**International EAP** For employees and their household members located globally, you can get access to counselors and resources for coping with life's daily challenges.

**EAP Resources for Managers & Organizations:** Managers, human resource professionals, and benefit managers can find information for all types of workplace concerns.

**Disaster Resource Center:** Resources for help coping with a variety of disasters and crises.

**Online Coaching:** If your employer offers a coaching program for tobacco cessation, weight management, or stress management, and you have not started these programs already, please call 1 (866) 417-7848.

[Newsroom](#) [Contact Us](#)



CERTIFIED  
ENTERPRISE



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Statement  
Nondiscrimination  
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Cigna Payer Solutions



# Finding a behavioral provider



Tuesday, May 08, 2018

Expanded Search

Search by Name

## Find a Therapist/Psychiatrist/Hospital

[Click here to view important notices and disclosures for your state](#)

Should I see a therapist or a psychiatrist?

Find out which is right for you on our [Frequently Asked Questions](#) page.

**Important note:** It may take up to 10 business days to be seen by a therapist. If you feel you need more urgent help, please call the toll free number on the back of your ID card.

How do I find a therapist, psychiatrist, hospital, or clinic?

Use the form below to search by specific preferences. Or click "Search by Name" on the left-hand side of this page to find a specific provider, hospital, clinic, or behavioral program.

How do I find a substance use treatment facility?

Cigna has identified substance use treatment facilities across the country for their patient outcomes and cost-efficiency and have included those providers in our Designated Substance Use Treatment Provider Program. [Click here](#) to learn more and to see a list of facilities that meet this program's criteria.

Are video-based sessions an option in place of a face-to-face visit in an office?

Yes, video sessions can be used in place of a therapy and/or medication management office visit. You can search for a provider by choosing "Telehealth" from the Topic Specialty list below. All providers must utilize a secure video-based technology and be appropriately licensed in the state in which the customer is being treated.

If you are having trouble finding a provider in your area, please call the number on the back of your card.

What is the difference between in-network versus out-of-network

There are many benefits to choosing a therapist, psychiatrist, hospital or clinic in-network versus out. Discover the difference, benefits and questions that can [help here](#).

When do I need an authorization before my appointment?

Hospital Care and other Specialty Services: Pre-authorization is needed; call the number on the back of your ID card.

Employee Assistance Program (EAP) Counseling: Authorization is needed for these services, which, if eligible, are available *at no cost for limited sessions*. Log in to see if you are eligible and obtain authorization online *or* call the number on the back of your ID card. This information only applies to Cigna EAP services.

When do I not need an authorization before my appointment?

You don't need an authorization for most visits to a therapist or psychiatrist in your network for routine, outpatient care.

\* Indicates required field

\* Provider type

☒ Therapist/Psychiatrist ☐ Clinic ☐ Hospital/Behavioral Program

[Click here for FAQs](#)

Click here to find a therapist, psychiatrist, or substance abuse professional, or scroll down the page

Cigna Payer Solutions



# Behavioral provider search parameters

\* Indicates **required** field

\* Provider type ☒ Therapist/Psychiatrist ☐ Clinic ☐ Hospital/Behavioral Program

[Click here for FAQs](#)

\* Network ☐ Behavioral Health ☐ EAP

\* Zipcode

Zip Radius ☐ 5 ☒ 10 ☐ 15 ☐ 20 ☐ 25

Language  
(English is default)

Age range specialty

Gender

Topic Specialty (2 Max)

Adoption Issues  
Alcohol/Substance Abuse  
Anxiety Issues  
Applied Behavioral Analysis  
Autism



Are you accessing your EAP benefits? ☐

Ethnicity



# Behavioral provider search results

1 to 5 of 5 providers <Previous> <Next>

**Osman Qureshi, MD**

Address: 151 Hazard Ave Ste 4  
Enfield, CT 06082 Ph: 860.714.2750

Map to office: [View a map to this therapist's office](#)

**Vincent Hollister, LICSW**

Address: 31 Mechanic St  
Windsor, CT 06095 Ph: 860.246.7999

Map to office: [View a map to this therapist's office](#)

**Michael Powers, LCSW**

Address: 1075 Poquonock Ave  
Windsor, CT 06095 Ph: 860.731.0779

Map to office: [View a map to this therapist's office](#)

**Henry Talbot, LCSW**

Address: 38 Baldwin St  
East Longmeadow, MA 01028 Ph: 413.224.1606

Map to office: [View a map to this therapist's office](#)

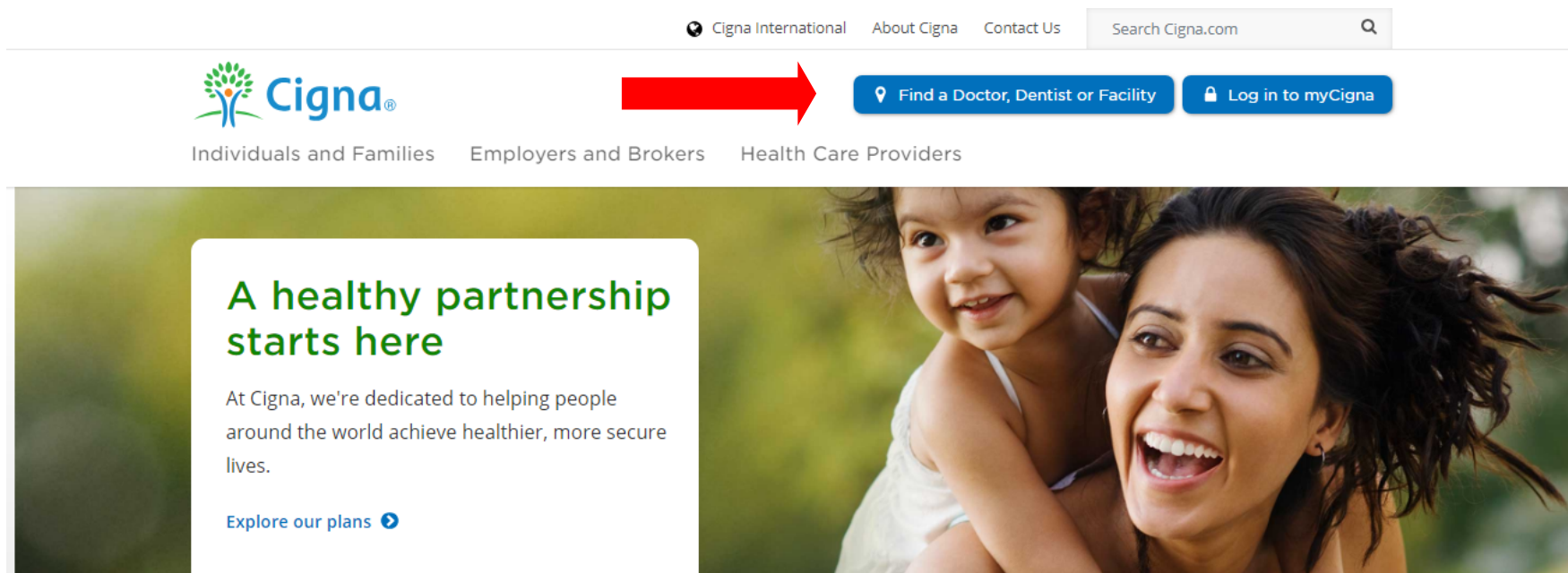
**Stephen Sacco, LICSW**

Address: 417 Liberty St Ste B  
Springfield, MA 01104 Ph: 413.733.6661

Map to office: [View a map to this therapist's office](#)

1 to 5 of 5 providers <Previous> <Next>

# CignaBehavioral.com from Cigna.com



## Insurance Plans and Products

### Buying your own coverage



Health Insurance

### Insurance through employers



Employee Plans and Policies

Cigna Payer Solutions



[Home](#) » [Find a Doctor](#)[Log in to myCigna](#)

## Find a Doctor, Dentist, or Facility

### Cigna Customers

Use the myCigna<sup>SM</sup> website or app and simplify your search for providers.

- Easily find providers in your plan's network (you'll save money when you stay in-network).
- Compare costs for hundreds of procedures.

[LOG IN AND SEARCH MYCIGNA](#)

I still need to [register on myCigna](#).

### Not a Cigna Customer Yet?

You can still search for an in-network provider, but you'll need to select a plan first and you can't compare procedure costs.

Choose a plan type to search:



Plans through your employer or school



Individual plans purchased from Cigna or healthcare.gov



Medicare plans

### Additional Directories

#### BEHAVIORAL

[Cigna Behavioral Directory](#)[Designated Substance Use Treatment Program](#)

#### MEDICAL

[Amplifon Hearing Health Care Locator](#)[Cigna Collaborative Care Listing](#)

# CignaBehavioral.com homepage



Tuesday, May 08, 2018



## **Cigna Behavioral Health benefits and the Employee Assistance Program (EAP) have moved to a new “home.”**

Your benefits and Employee Assistance Program (EAP) information have been moved to the myCigna website, where you will find an improved experience and easier access to all your information and services. You'll find general information and resources on Cigna.com. Please use the following links to access these and other resources available to you.

**Register for myCigna:** Whether you're accessing EAP services or have Behavioral Health coverage with Cigna, please register for access to the myCigna website. This is a one-time requirement.

**Provider Directory** Find therapists and other behavioral counselors. Call ahead to make sure a provider is in-network for your plan before receiving services.

**International EAP** For employees and their household members located globally, you can get access to counselors and resources for coping with life's daily challenges.

**EAP Resources for Managers & Organizations:** Managers, human resource professionals, and benefit managers can find information for all types of workplace concerns.

**Disaster Resource Center:** Resources for help coping with a variety of disasters and crises.

**Online Coaching:** If your employer offers a coaching program for tobacco cessation, weight management, or stress management, and you have not started these programs already, please call 1 (866) 417-7848.

Click here to  
find a  
therapist,  
psychiatrist,  
or substance  
abuse  
professional



**Cigna Payer Solutions**



# MyCigna Demos

## PPO Demo for mycigna.com

- URL: <https://my.cigna.com/web/public/guest> (myCigna.com)
- User ID: 2Testuser
- Password: Passw0rd (“0” is numeral zero)

## OAP Demo for mycigna.com

- URL: <https://my.cigna.com/web/public/guest> (myCigna.com)
- Username: OAPCustomer
- Password: Passw0rd (“0” is numeral zero)

## LocalPlus Demo for mycigna.com

- URL: <https://my.cigna.com/web/public/guest> (myCigna.com)
- Username: Lpcustomer
- Password: Passw0rd (“0” is numeral zero)

**Offered by: Cigna Health and Life Insurance Company.**

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