

Reduce medication intolerance and waste

It can take time for patients to find the right dose and comfort level before they're able to follow their specialty medication regimen. With split fills, Optum® Specialty Pharmacy lets patients fill their prescription twice a month so they can make timely adjustments if needed to reduce intolerance – and waste.

Costly waste

Side effects sometimes lead patients to stop taking their specialty medications. A recent Optum Rx® analysis found that almost half of patients on certain oral oncology drugs discontinued their therapy within 90 days – an expensive loss for them and their plan sponsor.¹

How the program works

Our split fill program for oral oncology medications helps avoid early-discontinuation waste by filling half the prescription twice a month rather than a full prescription once a month. Once patients tolerate their new drug for three months, they'll be returned to standard days' supply for the rest of their therapy.

Increasing the fill frequency enables:

- More frequent conversations with the patient
- Early identification of adverse events
- Timely clinical intervention
- Adherence monitoring

Program overview

Eligible classes

Oral oncology

Patient stability

Unstable on medication

Clinical benefits

Adjust to medication

Program outcome

Avoid waste

Fills and duration

Six fills over first three months

Copays

Half a copay per fill

Results

More frequent refills resulted in²:



More patient support

Our oncology care team had more frequent touch points with patients, spending an additional 428 hours with split fill patients annually.



Cost savings

Split fills helped patients avoid discontinuing their treatment, saving an average \$7,035 per instance.

To see how Optum Specialty Pharmacy can help patients with specialty conditions, visit optum.com/optumrx.



Reference: 1. Optum Specialty Pharmacy. Internal analysis of split fill program. 2020. | 2. Ibid.

Optum is a registered trademark of Optum, Inc. in the U.S. and other jurisdictions. All other brand or product names are the property of their respective owners. Because we are continuously improving our products and services, Optum reserves the right to change specifications without prior notice. Optum is an equal opportunity employer.

© 2022 Optum, Inc. All rights reserved. OPT7650492_220808