





## **How to SCHEDULE A CONFIDENTIAL APPOINTMENT**

at the Timken Health & Wellness Center



**Stacee Remlinger,** *Registered Nurse* 

Tuesdays and Thursdays 7:30 a.m. - 4 p.m.



**Joy Benjamin,** *Registered Dietitian* 

Tuesdays and Thursdays 7:30 a.m. - 4 p.m.



**Ed Dickerhoof, LPCC-S** *Licensed Professional Clinical Counselor* 

Wednesdays 7:30 a.m. - 12 p.m.

## How to:

- 1. Visit www.aultcare.com/timken
- 2. Select Nurse, Dietitian, or Counselor.
- 3. Select "Sign Up" next to the desired time slot.
- 4. Follow the prompts until your appointment is confirmed.
- **5.** Check your inbox for an email confirming your appointment.



To schedule a confidential appointment, scan the QR code or visit aultcare.com/timken

