



Peace of mind starts here.

Now Available

Access to a licensed therapist by phone or video

Don't wait to get the support you need. In addition to your Teladoc General Medical services, you now have Behavioral Health. Get confidential counseling seven days a week for conditions like depression, anxiety, stress, or family issues, and much more by phone or video.

Schedule your appointment today.

Check your plan for benefit amounts.

The benefits of using Behavioral Health

- ✓ Choose the therapist you think would best fit your needs
- ✓ Speak with a therapist from any location
- ✓ Schedule an initial or ongoing appointment on your time
- ✓ Confidential treatment

Teladoc doesn't offer a crisis hotline. Appointments must be scheduled.

Confidential therapy on your terms

 [Teladoc.com](https://www.teladoc.com)   Download the app

 **AULTCARE**

TIMKEN


TELADOC.