



# Heart Failure Telemonitoring Program



## About the Program

If you are an AultCare member and have been diagnosed with heart failure, AultCare's heart failure telemonitoring program is available to you at no additional cost.

By participating in this program, an easy-to-use weight scale will be sent directly to your home with set up instructions. The scale collects your weight and sends it your assigned registered nurse to monitor signs of complications due to heart failure.

Throughout this program, your weight and symptoms are monitored and specific trends can be identified. The data can be shared with your physicians as needed or on your appointment days for records of your data. Educational materials are also available to help you understand all aspects of your condition.



## Professional Support

In this program, you are assigned a registered nurse who will closely monitor your health through use of your equipment. Your nurse will provide support and answer questions you have regarding your condition.



## At Home Monitoring

You will be provided with equipment to monitor your condition from the comfort of your home.



## Educational Materials and Resources

We have educational materials and resources available to provide you with the information you need for quality care.



## Learn More

If you are interested in this program, please contact us and ask to speak with a nurse about our heart failure telemonitoring program.

## Contact Us

330-363-6360 or 1-800-344-8858

[www.aultcare.com](http://www.aultcare.com)

If you, or someone you are helping, have questions about AultCare/Aultra you have the right to get help and information in your language at no cost. To speak with an interpreter, call Local: 330-363-6360 Outside Stark County: 1-800-344-8858 TTY: 711 Outside Stark County: 1-866-633-4752

Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de AultCare/Aultra tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al Local: 330-363-6360 Fuera del condado de Stark: 1-800-344-8858 TTY: 711 Fuera del condado de Stark: 1-866-633-4752

如果您，或是您正在協助的對象，有關於AultCare/Aultra保險公司方面的問題，您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員，請撥電話 本地：330-363-6360 斯塔克縣外：1-800-344-8858 TTY線本地：330-363-2393 斯塔克縣外：1-866-633-4752  
AultCare/Aultra complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. .